

### Exam Wishes:

The Pastoral Team and the entire St. Andrew's leadership would like to wish all KCPE and KCSE candidates God's blessings as they sit for their exams. We are praying for your success. Phil 4:13 I can do all things through Christ who strengthens me.

## **PRESBYTERIAN CHURCH OF EAST AFRICA ST. ANDREW'S CHURCH, NAIROBI**



**2017 THEME: "LET US PRESS ON TO MATURITY" (Hebrews 6:1)**

### **Parochial Ministers**

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani  
Rev. Ananie Nduwamungu

### **Associate Ministers:**

Rev. Phyllis Byrd-Ochilo  
Rev. Prof. Peter N. Kariuki  
Rev. Prof. Gerishon M. Kirika

**19<sup>th</sup> Sunday after Trinity - 22/10/2017**

## **WORSHIP SUNDAY**

### **The Power of Praise**

O Lord, the God of our fathers . . . Power and might are in Your hand. . . . We are powerless before this great multitude . . . nor do we know what to do, but our eyes are on You. – 2 Chronicles 20:6,12

In this passage we read that the nation of Judah had just received horrible news. A vast army was gathering to destroy them, and King Jehoshaphat had no idea how they could survive such a vicious attack. However, he did know there was only one Person he could turn to, and that was God.

God quickly answered his prayer. He told him the battle was not Judah's but His. Then the Lord set up the battle plan. Instead of warriors leading the way, God instructed the king to place the choir up front and march into battle singing praises to His name. I would have loved to have seen the king's face when he heard that plan. No arrows or tar-and-pitch rockets were to fly through the air—only praises to God.

Regardless of what he felt inside, the king's actions demonstrated that he trusted God as he obeyed the Lord. Before Judah reached the battlefield, God had thrown the enemy in to such confusion that they turned on one another. The army of Judah never lifted a bow because God defeated its enemies.

If you're facing difficulty of any kind or size, begin to sing songs of praise to the Lord, and you will see your enemies defeated. Not only that, but your heart will be lifted, and you will sense a peace inside like nothing you have known. God wants to restore the peace you have lost. If you will let Him, He will give you a fresh touch of His peace, love, and grace when you praise Him.

### **HEALTH CORNER**

#### **Breast Cancer contd.**

#### **Symptoms and Treatment**

- Although breast cancer is common to women, men also are susceptible to breast cancer
- In the initial stages of breast cancer, there may be no symptoms at all
- A mass or lump in the breast may be indicative of breast cancer
- Any change in colour, texture, appearance or dimpling should be investigated.
- The best prognosis is obtained when treatment is started in early stages
- Routine breast self-examination or screening with your doctor is highly recommended
- Predisposing factors include family history of breast cancer, exposure to certain carcinogens or excessive drinking of alcohol.
- **Treatment:** Surgery for initial early stages, radiation therapy and chemotherapy for late stages.

**From the Healing Ministry of Health Professionals**

## DISTRICTS

### Early morning Service – 8.30 – 10.00 am

Elder Richard Zinyongo

### Morning Service - 9.00am-10.30am:

Call to worship  
Psalm for the day: Psalm 46:1-11  
Praise in worship  
Prayers of adoration, confession, thanksgiving, supplication  
And the Lord's Prayer.  
Hymn: CH3 47 New every morning...  
Moment for Children/ Prayer for candidates  
Welcome and intimations  
Prayer for the Nation  
Song  
Elder Maina Kinyua Farewell  
1<sup>st</sup> Bible Reading: Exodus 3:13-15  
2<sup>nd</sup> Bible Reading: John 14:1-14  
Hymn: CH3 518 Lord, while for all mankind...  
**Sermon: I am the Way, the Truth and the Life**  
Tithes/Offerings & Prayer  
Hymn: CH3 454 Son of God, eternal Saviour...  
Benediction  
**Holy Communion**

Elder Munene Waruhiu

Rev. Prof. Gerishon Kirika  
Elder Mrs. Margaret Thagichu

Malawi Praise Team

Dalitso Chisanu  
Fainess Kachipanda

Rev. Dr. Leonard Katundu

Rev. Peter Kariuki

### Mid - Morning Service – 11.00 am – 12.30 pm

Call to worship  
Psalm for the day: Psalm 46:1-11  
Praise in worship  
Prayers of adoration, confession, thanksgiving, supplication  
And the Lord's Prayer.  
Hymn: RS 486 The Lord's my Shepherd...  
Moment for Children/ Prayer for candidates  
Welcome and intimations  
Prayer for the Nation  
Song  
Elder Maina Kinyua Farewell  
1<sup>st</sup> Bible Reading: Exodus 3:13-15  
2<sup>nd</sup> Bible Reading: John 14:1-14  
Hymn: RS 420 My hope is built.....  
**Sermon: I am the Way, the Truth and the Life**  
Tithes/Offerings & Prayer  
Hymn: RS 332 My faith has found a resting-place..  
Benediction

Elder Munene Waruhiu

Rev. Peter Kariuki  
Elder Mrs. Margaret Thagichu

Malawi Praise Team

Martha Chirwa  
Julius Mkubwa

Rev. Dr. Leonard Katundu

9.00 am - Fishers Fellowship

Bible Study

11.00 am - Youth Service

Diana Aaron Kalea

11.00 am - French Service

Mme Genevive A.

2.00 pm - Deaf Service

George Karry

5.00 pm - Evening Service

Paul Mungai

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### District 3 & 6:

Monthly fellowship **today 22/10/2017** at 3.30pm at the residence of Amb. & Mrs. Mburathe at Spring Valley, off Peponi road.

### District 5:

Our District Sunday service on **29/10/2017** will be at **10am** at FOCUS Centre, Kasarani opposite the DO's office. Call Eric 0741037053 for directions.

### District 7 & 11:

The District Service on **29/10/2017** will be at **Monica & Mr. Kamau's home**. They live in Old Donholm, Upendo Court, house No.216.

### District 8:

Will hold their Elder District Sunday fellowship on **Sunday 29/10/2017** at SDA Hall Ngara at **10am**. Members to meet after both services (**9am & 11am**) at the paved area for directions.

### District 9:

Bible Study fellowship on **Thursday 26/10/2017** at 7.15pm at **Elder Gathenya's**.

### District 12 & 14:

- The District Sunday service will be held at Plainsview Primary School grounds on **Sunday 29/10/2017 starting at 10am**. This is a service for the whole family and there is ample parking. Lunch will be served.
- Weekly fellowship on **Friday 03/11/2017 at 6pm** at the home of Mrs. Rosemary Kinyua, house 971, Plainsview estate, Use gate C.

### District 15:

- Weekly fellowship on **Friday 27/10/2017** at the home of Mrs. Grace Ndirangu, Akiba Estate.
- Will hold the District service in Ruiru at the home of Mr. & Mrs. Kiio. The date is **29/10/2017**.

### District 16:

Fellowship will be held on **28/10/2017** at the home of Mr. & Mrs. Stephen Wachira in Tumutumu. Travel arrangements to be communicated later.

### District 13 & 17:

Our District Elder Sunday shall be held at the PCEA Milele South C. The service shall start at 9am. God bless you as you all pray and plan to attend.

### District 18 & 19:

Districts visiting Hawa Children's Home **today 22/10/2017**.

### District 20:

Elder District **Sunday on 29/10/2017** at the home of Stanley & Lorna Muthiora, Tende Drive, off Mzima Springs Rd, Lavington, starting promptly at **10.30am**. All are welcome together with family members and we will be blessed together. Please pray and purpose to attend.

### District 21 & 23:

The Elder district Sunday will be held on **Sunday, 29/10/2017** at **10.00am** at the home of Elder Phillip & Zipporah Mwangi at Langata, Phenom Estate house no. 503. Kindly pray and purpose to attend & bring a friend. For direction please contact Phillip or Zipporah.

### District 22:

Will have Elder District Sunday Service on **29/10/2017** at the Sunny Brook Gardens in 87.

### District 28:

Fellowship **today 22/10/ 2017** at 2.30pm at Mr. and Mrs. John Ngure on Kenyatta Road in Juja 0722618252

## PARISH MEETINGS

### Finance & Planning:

On **Tuesday 24/10/2017** at **5.30pm** in the Boardroom.

### Woman's Guild:

- Guild Singers – Meeting on **Tuesdays** at **2pm**.
- Officials and some members of the Woman's Guild are away today for mission and outreach at Guild Committee meeting on **25/10/2017** at **12.30pm**.

### Single Christian Parents Ministry

Members kindly note and diarize to attend the Monthly Fellowship on **Sunday 12/11/2017** at **11.00am** in room NHLG12. All single parents are welcome.

### Harvest Thanksgiving Service:

Will be held on **Sunday 05/11/2017**.

### Israel Trip:

Organized by both PCMF & Mission Committee.

**Dates November 23<sup>rd</sup> – 1<sup>st</sup> December 2017**

**Cost 2,000 US Dollars** for full accommodation & travel for those nine(9) days. Interested persons to register with our travel agent Mrs. Phyllis Mwangi of Speedbird Travels on 0722519303.

### PCMF:

- PCMF elections **today 22/10/2017** at **2pm** in Church Hall1.

- **PCMF Economic Empowerment Ministry** invites all church members to participate in Do Well – a Biblical financial study starting **02/11/2017**. This program empowers individuals manage their personal finances better for the betterment of their lives and to the glory of God. For more information visit the PCMF Desk after the service or contact Manyara Kirago on 0729205295.

- **Right of Passage – Rops**

Organized by Milimani North Presbytery for class 8 pupils.

Venue Le - Pic School, Riruta Satellite

Cost – KSh.10,000/= (Ten Thousand only) Mentorship only – Ksh.8,500/=.

**Dates – 12<sup>th</sup> – 21<sup>st</sup> November 2017.**

**Girls will be there from 13<sup>th</sup> – 17<sup>th</sup> November and the charge is Ksh.6,000/=.**

For further information and booking visit the PCMF Desk on Sundays or the PCEA St. Andrews Parish reception on weekdays. Contact: 0722355674, 0722603338

### Holiday Classes:

From **06/11/2017** to **10/11 2017**. Baptism from 9yrs and Confirmation from 12 yrs. Pick forms from the church office. Contact 0721100497

### Ecumenical Round Table Discussion:

The International Ecumenical Movement, Kenya Chapter is inviting you to an Ecumenical Round Table Topic: **Martin Luther the Reformer of the Catholic Church** on **Saturday, 28 of October** at **3.00** at the **Lutheran Cathedral**, Nyerere Road. All are welcome. Contact; Elder Gacece – 0722286900 / Judge Muthoga - 0722791899

## INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: Eng. James Muriithi - 0722516968

Health Professional on duty: Dr. Stephen Njogu- 0722515451

Counselor on duty: Leah Ng'ang'a - 0721606319

### Appreciation:

**Mr. Francis Mwangi Kibira** of the Church Choir and the entire **Kibira family** thanks the congregation, Rev. Wachira, Rev. Nduwamungu, Kirk Session, Elders Ichang'i, Mary Wanjau, Mbochi Njehu, Francis Keiru for your prayers, financial assistance, messages of condolences, hospitalization, passing on and funeral arrangements of my late wife and mother **Mrs. Norah Wambui**. Special thanks to the Church Choir, District 13/17 and two Choir members; Wangari & Jack Muthomi who accompanied us to Nyeri/Gataragwa for the burial. To God be the glory!

**All members** are invited to an end of year Lunch with fun and games on **Sunday, 17th December** starting **1pm** to **3.30pm** within the church grounds. Come and let us celebrate the Lord's goodness.

**St. Andrew's Organ Fundraiser Concert:** It has always been the wish of the church to have an organ in the Youth hall since it was built. The Church Choir together with the church music groups invites the congregation and friends to an Organ Fundraising Concert this **afternoon at 4pm** in the main sanctuary. Please come and support this very worthy musical cause.

### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

### Church Membership:

Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

### PCEA Kileleshwa Church:

The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the "**Little Smiles Daycare**" on the Gatundu Road, Gatundu Close. The service starts at **10.00am**. Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.

### Missing Church Hymn Books:

It has been noted with concern that since hymns are projected on the power point the Church hymn books are missing at an alarming rate. **(This includes the CH3 and the RS)** Anyone who might have taken one and forgot to return or knows somebody who has these books anywhere outside the church compound is kindly requested to return them.

### Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

### Pound for Pound Program:

Those who had registered for the program will be having Aerobic Exercises every Wednesday from **6.00 pm** to **7.00 pm** in Church Hall 1. Please come for life changing exercises that will enhance your productivity.

### Pastoral Care Contact:

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira** on **0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

### St. Andrew's Kindergarten Admission:

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

## Youth Choir & Orchestra:

The Youth Choir is now 1 year old and it is growing. We welcome all the young people who can sing and play instruments to join us. We meet on **Wednesdays** and **Fridays** for practice. Please call: 0721496537/0722218153. Instruments required are Cornets, Trumpets, Baritones, Horns, Trombones, Tuba, Clarinets, Violins, Viola, Flutes, Saxophones, Oboe, Bassoon....

We thank the members who have donated 2 trumpets and a cornet. The instruments are found in Extreme Sounds, Credible Sounds and Assanads in Nairobi.

## Ablaze/Young Adults Ministry:

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Liz (Coordinator): 0727 825936.

## Daybreak:

Are you passionate in acting, dancing, spoken word or poetry? Daybreak needs you!! Contact Alex 0707535013 or Carol 0788884043. Serve God with your talent.

## Weekday Services:

Service	Day & Time	Venue
Morning Glory Prayers	Wednesdays 6.30am -7.30am	Church Hall 1
Midweek Prayer Service	Wednesday from 12.30-1.30pm	Main Sanctuary
Men Breakfast Prayer Fellowship	Thursdays 6.00am -7.00am	

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

## Prayer Requests:

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

## Morning Glory prayers:

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am - 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **"Call to me and I will answer you and tell you great and unsearchable things you do not know"** (Jer. 33:3).

## Midweek Prayer Service:

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. From **12.30pm – 1.30pm**. All prayer warriors are welcome.

## St. Andrew's Discipleship Ministry:

New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **"Teaching them to obey everything that I have commanded you"**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

## Intercessory Prayers:

We have introduced intercessory prayers for all members to be held every **fourth Saturday** of the month from **8.00am**. All members are welcome.

## Discipleship Desk:

All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

## Counseling Ministry:

➤ St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

➤ **Pastoral Counselling Support:** Rev. Prof. Peter Kariuki has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

**Youth Bible Study:** Every Thursday at 5.30pm.

## Lipa Na M-pesa:

You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or though swiping your visa card. You can also give your tithe and other donations through our Paybill No.903800 or by swiping your visa card.

## M-pesa Services:

Mpesa, Equity Bank Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church**. Open during the week and Sunday Mornings".

## Security Notice:

Search of vehicles at the main entrance gate continues.

➤ Exit from the church compound on Sundays is via Nyerere Road.

➤ The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next car

➤ Avoid crowding in the Paved Area or Parking Grounds after service.

➤ Please members take care of your bags especially ladies, do not leave them unattended.

Kindly always be conscious who is on your side and behind and in case of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.

➤ In case of any emergency run out of the compound. Do not drive.

➤ Do not leave valuables unattended and report loss/missing property to security immediately.

## Election of 2017/2018 Leaders:

We are coming to the close of our financial year. Elections will be done as follows:

1. October - Groups & Committees

Those eligible should be committed Christians and full members of St. Andrew's Parish. The three year rule should be observed i.e. Those who have been in the office for three years consecutively regardless of the position should rest for one year before being re-elected.

## PCEA St. Andrews Church Development Committee:

Is handling a project that requires feasibility studies. We are looking for professional on this area to give consultancy on probono basis. Please give your contact to the Church Administrator. Thanks and let's serve together.

## Blood Donor Cards:

Members who donated blood in June 2017 are kindly requested to pick their cards at the church reception.

## Praise in Worship Sunday:

This will be held on **Sunday 22/10/2017** in all our services. A Praise Team from CCAP Malawi will be leading the service. Welcome and tell a friend about it. **"Let everything that has breath praise the Lord"** (Ps.150:6).

## District Services:

This will be held on **Sunday 29/10/2017**. Services will be held in the districts in a venue of choice. **Districts 10 & 29** and **Districts 1 & 2** will have their services here at St. Andrew's. **Theme: 2 Cor.8:7 "Just as you excel in everything – in faith, in speech, in knowledge...see that you also excel in the grace of giving.**