

#### Confirmation:

1. Ivy Nyaguthii Mungai - Dist 14

#### Admissions:

2. Jane Nyambura Githinji - Dist 5
3. Christopher Ng'ang'a Kibata - Dist 18/19
4. Felisters Makandi Gitonga - Dist 27

#### Re-admissions:

5. Euticus Kiara - Dist 10/29
6. Nyakio Ndung'u - Dist 18
7. Edward Muhoro Wachiuri - Dist 18
8. Irene Wangari Wanjau - Dist 16
9. Patricia Wandia Njiri - Dist 18
10. Silvia Gakenia Mwangi - Dist 22
11. Isaac Murithi Mugira - Dist 20
12. Caroline Njeri Githuka - Dist 22

#### Transfers:

13. Rita Wanjiru Githinji - Dist 10
14. Elizabeth Wanjiru Mbogo - Dist 27
15. Cynthia Margaret Nyambura - Dist 10

## **PRESBYTERIAN CHURCH OF EAST AFRICA ST. ANDREWS CHURCH, NAIROBI**



**2017 THEME: "LET US PRESS ON TO MATURITY" (Hebrews 6:1)**

#### Parochial Ministers

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani  
Rev. Ananie Nduwamungu

#### Associate Ministers:

Rev. Phyllis Byrd-Ochilo  
Rev. Prof. Peter N. Kariuki  
Rev. Prof. Gerishon M. Kirika

**16<sup>th</sup> Sunday after Trinity - 15/10/2017**

### **HEALTH SUNDAY**

#### Trusting God Through Pain

This year's Theme is taken from Jeremiah 33: 6 "***Nevertheless, I will bring health and healing to it; I will heal my people and will let them enjoy abundant peace and security***". This promise of restoration of Health, Healing, Peace and Security followed a time of defeat from Babylonians and total annihilation of Jerusalem. God's people had sinned in getting involved in evil of burning incense to Baal, pouring drink offering to idol gods, not honoring God their creator, becoming unteachable and were sacrificing their children to Molech.

God in His sovereign will allowed Nebuchadnezzar to capture and burn the city of Jerusalem. Many people died and others were exiled to Babylon where they stayed for 70 long years as captives. But God promised them that He will gather His people once again and they will enjoy health, healing, peace and security. These are fundamental human needs in any society which only proper relationship with God can guarantee. History teaches us the pitfalls of generations of yester-years so that we may avoid their mistakes lest we fall into the same calamity. Experience is said to be the best teacher but it does not have to be our experience. Trusting and obeying God our creator, brings **Health, Healing, Peace and Security** to us as individuals and as families.

**Elder Dr. Stephen N. Njogu**

#### **HEALTH CORNER**

#### **Breast Cancer contd.**

#### **Symptoms and Treatment**

- Although breast cancer is common to women, men also are susceptible to breast cancer
- In the initial stages of breast cancer, there may be no symptoms at all
- A mass or lump in the breast may be indicative of breast cancer
- Any change in colour, texture, appearance or dimpling should be investigated.
- The best prognosis is obtained when treatment is started in early stages
- Routine breast self-examination or screening with your doctor is highly recommended
- Predisposing factors include family history of breast cancer, exposure to certain carcinogens or excessive drinking of alcohol.
- **Treatment:** Surgery for initial early stages, radiation therapy and chemotherapy for late stages.

**From the Healing Ministry of Health Professionals**

P.O. Box 41282-00100 GPO NBI KENYA  
Mob: 0707257000; 0733400023  
Website: [www.pceastandrews.org](http://www.pceastandrews.org)

Email: [info@pceastandrews.org](mailto:info@pceastandrews.org)  
Twitter: PCEASTandrews1  
[www.facebook.com/pceastandrews](https://www.facebook.com/pceastandrews)

## DISTRICTS

### Early morning Service – 8.30 – 10.00 am

Dr. Kibata Githeko

### Morning Service - 9.00am-10.30am:

Call to worship  
Psalm for the day: Psalm 103: 1 - 5  
Praise in worship  
Prayers of adoration, confession, thanksgiving, supplication  
And the Lord's Prayer.  
Hymn: RS: 12 Praise Him!, Praise Him! Jesus.....  
Moment for Children  
Welcome and intimations  
Mission statement  
1<sup>st</sup> Bible Reading: Jeremiah 33: 1 – 11  
2<sup>nd</sup> Bible Reading: 3John 1: 1 – 8  
Hymn: RS: 291 "The Great Physician now is near  
**Sermon: "Trusting God Through Pain"**  
Tithes/Offerings & Prayer  
Hymn: RS: 561 "I am Thine Oh Lord, I have heard Thy Voice"  
Benediction  
Recessional Hymn: RS: 426 "Tis so sweet to trust in Jesus"

Dr. Muchai Gachago

Rev. A. Nduwamungu  
Elder Mrs. Margaret Thagichu  
Dr. Ndahi  
Mrs. Rose Ngatiari  
Mrs. Jennifer Kibicho

Dr. Stephen N. Njogu

### Mid - Morning Service – 11.00 am – 12.30 pm

Call to worship  
Psalm for the day Psalm 103: 1 - 5  
Praise in worship  
Prayers of adoration, confession, thanksgiving, supplication  
And the Lord's Prayer.  
Hymn: RS: 12 Praise Him!, Praise Him! Jesus.....  
Moment for Children  
Welcome and intimations  
Mission statement  
Confirmation, Admission, readmission & Transfer,  
1<sup>st</sup> Bible Reading: Jeremiah 33: 1 – 11  
2<sup>nd</sup> Bible Reading: 3John 1: 1 – 8  
Hymn; RS: 291 "The Great Physician now is near  
**Sermon: "Trusting God Through Pain"**  
Tithes/Offerings & Prayer  
Hymn: RS: 561 "I am Thine Oh Lord, I have heard Thy Voice"  
Benediction  
**Holy Communion**

Dr. Muchai Gachago

Rev. C. Wachira  
Elder Mrs. Margaret Thagichu  
Dr. Wachira Murage  
Rev. C. Wachira  
Mrs. Christine Mugendi  
Dr. Kimani Gicheru

Dr. Stephen N. Njogu

Rev. C. Wachira

9.00 am - Fishers Fellowship

Roger Gitonga

11.00 am - Youth Service

Dr. Kibata Githeko

11.00 am - French Service

Mme C. Nduwamungu

2.00 pm - Deaf Service

Rev. Peter Kariuki

5.00 pm - Evening Service (H/C- Rev. Peter Kariuki)

Dr. Samuel Gathua

### District 3 & 6:

The monthly fellowship will be on **Sunday 22/10/2017** at 3.30pm at the residence of Amb. & Mrs. Mburathe at Spring Valley, off Peponi road.

### District 5:

Glory be to God, our monthly district fellowship will be held **today 15/10/2017** at Ruth Karanja's residence, Thome estate. We meet at Mountain Mall on the entrance to Thome at **2.30pm**. Contact Ruth 0722734692 or Eric 0714037053.

### District 8:

Will hold their Elder District Sunday fellowship on **Sunday 29/10/2017** at SDA Hall Ngara at **10am**.

### District 9:

Bible Study fellowship on **Thursday 19/10/2017** at 7.15pm at **Elder Gathenya's**.

### District 12 & 14:

The district Sunday service will be held at Plainsview Primary School grounds on **Sunday 29/10/2017** starting at **10am**. This is a service for the whole family and there is ample parking.

### District 15:

Weekly fellowship on **Friday 27/10/2017** at the home of Mrs. Grace Ndirangu, Akiba Estate.

### District 16:

Fellowship will be held on **28/10/2017** at the home of Mr. & Mrs. Stephen Wachira in Tumutumu. Travel arrangements to be communicated later.

### District 18 & 19:

The Districts will be visiting Hawa Children's Home on **Sunday 22/10/2017**.

### District 22:

Will have Elder District Sunday Service on **29/10/2017** at the Sunny Brook Gardens in 87.

### District 28:

Fellowship will be on **Sunday 22/10/ 2017** at 2.30pm at Mr. and Mrs. John Ngure on Kenyatta Road in Juja 0722618252

## PARISH MEETINGS

### Woman's Guild:

- Guild Singers – Meeting on **Tuesdays at 2pm.**
- Officials and some members of the Woman's Guild are away today for mission and outreach at Mashuru **15/10/2017** and also the dedication of 30 Mashuru ladies who will receive Guild headscarves.
- Guild Committee meeting on **25/10/2017 at 12.30pm.**

### Single Christian Parents Ministry

Members kindly note and diarize to attend the Monthly Fellowship on **Sunday 12/11/2017 at 11.00am** in room NHLG12. All single parents are welcome.

### Missions Committee:

Meeting on **Tuesday 17/10/2017 at 12.30pm** in the Boardroom. Members please keep time.

### Harvest Thanksgiving Service:

Will be held on **Sunday 05/11/2017.**

### Israel Trip:

Organized by both PCMF & Mission Committee.

**Dates November 23<sup>rd</sup> – 1<sup>st</sup> December 2017**

**Cost 2,000 US Dollars** for full accommodation & travel for those nine(9) days. Interested persons to register with our travel agent Mrs. Phyllis Mwangi of Speedbird Travels on 0722519303.

### Disability Ministry:

Meeting on **Thursday 19/10/2017 at 2pm.**

### PCMF:

- All members are invited by the Chaplain Rev. C. Wachira for a goat-eating and open forum get-together at his home off Mvuli Rd Westlands **today 15/10/2017 starting 2.00pm.**
- PCMF elections to be held on **Sunday 22/10/2017 at 2pm** in Church Hall 1.

### Man Enough:

Registration for October season starting on **12/10/2017** is ongoing at the PCMF Desk on Sundays and St. Andrew's church reception on weekdays. For further details contact Tel.0723983169.

- **PCMF Economic Empowerment Ministry** invites all church members to participate in Do Well – a Biblical financial study starting **02/11/2017.** This program empowers individuals manage their personal finances better for the betterment of their lives and to the glory of God. For more information visit the PCMF Desk after the service or contact Manyara Kirago on 0729205295.

### Right of Passage – Rops

Organized by Milimani North Presbytery for class 8 pupils.

Venue Le - Pic School, Riruta Satellite

Cost – KSh.10,000/= (Ten Thousand only) Mentorship only – Ksh.8,500/=.

**Dates – 12<sup>th</sup> – 21<sup>st</sup> November 2017.**

**Girls will be there from 13<sup>th</sup> – 17<sup>th</sup> November and the charge is Ksh.6,000/=.**

For further information and booking visit the PCMF Desk on Sundays or the PCEA St. Andrews Parish reception on weekdays. Contact: 0722355674, 0722603338

### Holiday Classes:

From **06/11/2017 to 10/11 2017.** Baptism from 9yrs and Confirmation from 12 yrs. Pick forms from the church office. Contact 0721100497

## INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: **Mr. Sam Wachira - 0722581197**

Health Professional on duty: **Dr. Kimani Gicheru- 0722777046**

Counselor on duty: **Leah Ng'ang'a - 0721606319**

### Church Flowers:

Donated by **Mrs. Wagatwe Bellah Wanjuki** in memorial of her late husband, **Mr. David Thiuri Wanjuki** and an appreciation to the church for standing with her and her late husband. All honour and glory to the Lord.

### St. Andrew's Organ Fundraiser Concert:

It has always been the wish of the church to have an organ in the Youth hall since it was built. The Church Choir together with the church music groups invites the congregation and friends to an organ Fundraising Concert on **Sunday 22/10/2017 at 4pm** in the Main Sanctuary. Please come and support this very worthy musical cause.

### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

### Church Membership:

Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

### PCEA Kileleshwa Church:

The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the **"Little Smiles Daycare"** on the Gatundu Road, Gatundu Close. The service starts at **10.00am.** Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.

### Missing Church Hymn Books:

It has been noted with concern that since hymns are projected on the power point the Church hymn books are missing at an alarming rate. **(This includes the CH3 and the RS)** Anyone who might have taken one and forgot to return or knows somebody who has these books anywhere outside the church compound is kindly requested to return them.

### Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. **(Proverbs 19:17)**

### Pound for Pound Program:

Those who had registered for the program will be having Aerobic Exercises every Wednesday from **6.00 pm to 7.00 pm** in Church Hall 1. Please come for life changing exercises that will enhance your productivity.

### Pastoral Care Contact:

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira on 0714-742579.** As a faith community we are committed to standing with you in all seasons of life.

### St. Andrew's Kindergarten Admission:

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

### Youth Choir & Orchestra:

The Youth Choir is now 1 year old and it is growing. We welcome all the young people who can sing and play instruments to join us. We meet on **Wednesdays** and **Fridays** for practice. Please call: 0721496537/0722218153. Instruments required are Cornets, Trumpets, Baritones, Horns, Trombones, Tuba, Clarinets, Violins, Viola, Flutes, Saxophones, Oboe, Bassoon.....

We thank the members who have donated 2 trumpets and a cornet. The instruments are found in Extreme Sounds, Credible Sounds and Assanads in Nairobi.

### Ablaze/Young Adults Ministry:

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Liz (Coordinator): 0727 825936.

### Daybreak:

Are you passionate in acting, dancing, spoken word or poetry? Daybreak needs you!! Contact Alex 0707535013 or Carol 0788884043. Serve God with your talent.

### Weekday Services:

Service	Day & Time	Venue
Morning Glory Prayers	Wednesdays 6.30am -7.30am	Church Hall 1
Midweek Prayer Service	Wednesday from 12.30-1.30pm	Main Sanctuary
Men Breakfast Prayer Fellowship	Thursdays 6.00am -7.00am	

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

### Prayer Requests:

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

### Morning Glory prayers:

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am - 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **"Call to me and I will answer you and tell you great and unsearchable things you do not know"** (Jer. 33:3).

### Midweek Prayer Service:

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. From **12.30pm – 1.30pm**. All prayer warriors are welcome.

### St. Andrew's Discipleship Ministry:

New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **"Teaching them to obey everything that I have commanded you"**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

### Intercessory Prayers:

We have introduced intercessory prayers for all members to be held every **fourth Saturday** of the month from **8.00am**. All members are welcome.

### Discipleship Desk:

All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

### Counseling Ministry:

➤ St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

➤ **Pastoral Counselling Support:** Rev. Prof. Peter Kariuki has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

**Youth Bible Study:** Every **Thursday at 5.30pm**.

### Lipa Na M-pesa:

You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or through swiping your visa card. You can also give your tithe and other donations through our Paybill No.903800 or by swiping your visa card.

### M-pesa Services:

Mpesa, Equity Bank Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church**. Open during the week and Sunday Mornings\*.

### Security Notice:

Search of vehicles at the main entrance gate continues.

- Exit from the church compound on Sundays is via Nyerere Road.
- The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next car
- Avoid crowding in the Paved Area or Parking Grounds after service.
- Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and in case of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.
- In case of any emergency run out of the compound. Do not drive.
- Do not leave valuables unattended and report loss/missing property to security immediately.

### Election of 2017/2018 Leaders:

We are coming to the close of our financial year. Elections will be done as follows:

1. October – Groups & Committees

Those eligible should be committed Christians and full members of St. Andrew's Parish. The three year rule should be observed i.e. Those who have been in the office for three years consecutively regardless of the position should rest for one year before being re-elected.

### PCEA St. Andrews Church Development Committee:

Is handling a project that requires feasibility studies. We are looking for professional on this area to give consultancy on probono basis. Please give your contact to the Church Administrator. Thanks and let's serve together.

### Blood Donor Cards:

Members who donated blood in June 2017 are kindly requested to pick their cards at the church reception.

### Praise in Worship Sunday:

This will be held on **Sunday 22/10/2017** in all our services. A Praise Team from CCAP Malawi will be leading the service. Welcome and tell a friend about it. **"Let everything that has breath praise the Lord"** (Ps.150:6).

### District Services:

This will be held on **Sunday 29/10/2017**. Services will be held in the districts in a venue of choice. **Districts 10 & 29** and **Districts 1 & 2** will have their services here at St. Andrew's. Theme: 2 Cor.8:8 **"Just as you excel in everything – in faith, in speech, in knowledge...see that you also excel in the grace of giving.**