

MARRIAGE BANNS

There is a purpose of the following marriage. If no valid objection is raised, the marriage will be solemnized on the date, at the venue and time indicated below:

<u>Groom & Bride</u>	<u>Church</u>	<u>Date & Time/Venue</u>
1. Edward Mathenge Mwaniki Elizabeth Wambui Mwangi	PCEA St. Andrew's St. Mark's Church Westlands	22/09/2018 @ St. Mark's Church Westlands
2. Joseph Kariuki Njoroge Nelly Njoki Kamau	PCEA St. Andrew's Karura Community Chapel	29/09/2018 @ 11.00am PCEA St. Andrew's

May God bless those who are about to begin their home.

PRESBYTERIAN CHURCH OF EAST AFRICA ST. ANDREWS PARISH, NAIROBI



2018 THEME: "BEAR FRUIT – FRUIT THAT WILL LAST" (John 15:16)

Parochial Ministers

Rev. Peter Njoroge Kariuki
Rev. Cyrus Wachira Kimanyi
Rev. Elizabeth Wamere Kimani

Associate Ministers:

Rev. Phyllis Byrd Ochilo
Rev. Prof. Peter N. Kariuki
Rev. Prof. Gerishon M. Kirika
Rev. Ananie Nduwamungu

17th Sunday after Trinity – 16/09/2018

INDUCTION SERVICE FOR REV. JACOB N'DOFFO TOLNO

HEALTH CORNER

Psychosocial Disorders Contd

Panic Disorder

- **Definition** - Clinical disorder consisting of intense discomfort or fear with sudden onset of palpitations, sweating, dizziness, fear of dying etc reaching peak at 10minutes.
- **Causes-** Occurs in three percent in the general population .
Common in families of people with panic disorder
Common in children raised by mothers with panic disorder
- **Treatment:** Medications eg Benzodiazepines, Phelzines, Fluoxetine
Cognitive behavioral therapy used alone or together with drugs.
Involves relaxation skills and examinations thought process.

From the Healing Ministry of Health Professionals

..... PCEA ST. ANDREWS PARISH NAIROBI

BANK ACCOUNTS

BANK	BRANCH	A/C NO.
Barclays Current	Westlands	0732187642
NIC Current	NIC House	1000237667
Co-operative Bank Current	University Way	011280836127000

PAYBILL NO'S 903800 & 903600

P.O. Box 41282-00100 GPO NBI KENYA

Mob: 0707257000; 0733400023

Instagram: @pceastandrewschurch

Website: www.pceastandrews.org

Email: info@pceastandrews.org

Twitter: @pceastandrews2

www.facebook.com/pceastandrews

INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: Mr. Edward Ndirangu – 0722736444
Health Professional on duty: Dr. Stephen Njogu- 0722515451
Counselor on duty: Leah Marang'a - 0722853679

Church Flowers:

We, **Eric Laban & Laban Ndung'u** give thanks to God for His faithfulness in our lives and this far the Youth Choir has grown under my instructions. All glory be to God.

Parish Vision, Mission & 5 Ms Strategy:

Vision: A Parish that mirrors Jesus Christ in totality

Mission: To worship God and serve humanity in obedience to the Great Commission

5 Ms Strategy: We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

Church Membership:

Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

40 Years Celebration - Church Choir Grand Concert on 30/09/18:

The Church Choir is this year celebrating 40 Years since its Africanization. To give thanks to God, we have lined up a series of activities spread out throughout the year to celebrate this achievement. The Theme of this celebration is **"Remember how the Lord your God led you all the way these forty years."** (Deut.8:2) This far, the Lord has been our Ebenezer. **All Glory belongs to Him.**

The highlight of these activities is a Grand musical Concert which will be held on 30/9/18 at 5.00 p.m. in the main sanctuary. We invite you all to come and glorify the Lord with us in this joyful celebration.

JPRC:

Invites all congregants interested in matters related to Justice, Peace & Reconciliation to join the group. Membership is open to members from all professionals and vocations. Please register your interest at the JPRC table at the paved area or email jprc@pceastandrews.org

PCEA Kileleshwa Church:

- The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28th May 2017** at the **"Little Smiles Daycare"** on the Gatundu Road, Gatundu Close. **Youth Service – 8.30am - 9.45am & Main Service 10.00am - 12.00 noon.** Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.
- They are currently in need of a plot to construct a Sanctuary. Anyone with a piece of land around there and willing to donate can visit the office of the moderator. PCEA Kileleshwa Church is raising funds for the purchase of a plot and construction of a Sanctuary.

Bank details:

Cheques payable to: PCEA Kileleshwa Church
Deposit: Cooperative Bank, Lavington Branch
A/c No. 01128650387400 Mpesa Paybill No. 832822 (Account – Your Name)
Cash payment: St. Andrew's Accounts office, Kileleshwa Account

DISTRICTS

District 1 & 2:

Monthly fellowship will be **today 16/09/2018** soon after **11am** service at the home of **Richard & Isabella Maina**, Red Hill, St. Julian's Road.

District 3 & 6:

The district will visit **Hawa Children's Home** on **Sunday 30/09/2018** starting from the church at 9am. We will use a common transport, the church bus where capacity is 50 passengers. All are welcome.

District 4:

Monthly Bible study to be held **today 16/09/2018** at the home of **Elder C. Karingithi & Grace** at **Ngumba Estate** at **2.30pm**.

District 5:

Our monthly fellowship will be held at the residence of **David & Anne Mwaura's** residence in **Kamiti Ridge Estate**, on **Sunday 30/09/2018**. We assemble at **Kamiti Corner** at **2.00pm**. For direction, contact **David 0722242560** or **Eric 0714037053**.

District 8:

Monthly fellowship will be on **Sunday 23/09/2018** at the home of **Mr. & Mrs. David Njoroge** at **Ngara, Civil Servants block R 6th Floor** after the **11am** service.

District 9:

- ❖ Bible study fellowship on **Tuesday 18/09/2018** at **7.15pm** at **Mr. & Mrs. Mburu's**.
- ❖ Monthly fellowship on **Sunday 23/09/2018** at **Elder & Mrs. Gathenya's** after the **11am** service.

District 13 & 17:

Fellowship on **Sunday 23/09/2018** at the home of **Mr. & Mrs. Josephine Nthiga**. All members purpose to attend.

District 15:

Weekly fellowship on **Friday 21/09/2018** at **Mrs. Z. Wamwangi**.

District 16:

Fellowship will be held in **Church, Lecture room 3** after the **3rd** service on **Sunday 23/09/2018**.

District 18 & 19:

Monthly fellowship will be held on **Sunday 30/09/2018** at **Mr. & Mrs. Githinji's** rural home. We shall use common transport departing from the church at **7:00 a.m.** Kindly pray and purpose to attend.

District 20:

Fellowship **today 16/09/2018** will be at **Mr. & Mrs. Lorna & Stanley Muthiora's** home, **Lavington, Tende Drive** at **3pm**. Speaker will be **Mbutu Kariuki** and the topic is **"Drug and Substance Abuse"**.

District 22: Fellowship this month will be @ **Catherine Wangu's** house in **Kangemi** on **Sunday 23/09/ 2018**.

District 27:

Fellowship **today 16/09/2018** at **Muchemi Ndung'us** residence, **Eagle Plain** behind **Panari Hotel**. Welcome all.

District 28:

Fellowship will be on **Sunday 23/09/2018** at **2.30pm** at the home of **Mr. & Mrs. John & Priscila Ngure** on **Kenyatta Road** off **Thika Super Highway** in **Juja**. The topic will be **"Heaven the Last Frontier"** Prayerfully please purpose to attend

PARISH MEETINGS

Finance & Planning:

Meeting on **Tuesday 18/09/2018** at 5.30pm in the Session room.

Woman's Guild Week:

Guild Singers: Meet every Tuesday from 2.00pm for practice.

Single Christian Parents Ministry

Members visiting **Mrs. Margaret Waruhiu** today **16/09/2018** at **1pm** after the **11am** service. All single parents are welcome.

Boys & Girls Brigade:

Brigade classes starts on **22/09/2018** from **9am – 1pm**. Recruitment for new members both officers and children is going on. For more information please contact Sir Eliud Mwangi on 0714815822.

Thanksgiving and Evaluation Get-Together, Wed Sept 26th at 5.30pm at Church:

We PTL for 10 successful seasons that have equipped many Church members and beyond to grow in their Kingdom impact. We will gather for a 2-hour session to celebrate what God has done through both Module 1 as well as the Biblical Transforming Leadership and Governance Seminars by ILF. All School of Leadership alumni as well as all who are still pursuing these trainings invited. Your feedback will help us as we redesign Module 1. Please confirm attendance through CPA Wambui Gathuthi on 0722-849-058.

Applications for Season 11 - Improved Training Curriculum: Do you want to grow in your leadership skills for greater impact in your family, workplace, district, Church and in society? Season 11 will start on Oct 3rd, meeting every Wed at 6.00pm here at church, for 10 weeks only. Enrol now through 0722849058.

The Development Committee is organising a fund-raising event to implement church projects including; Building perimeter wall, Borehole drilling, refurbishment of church buildings and purchase of Ministers cars. The fund-raiser was launched **26/08/2018** and the main fund-raising day will be on **21/10/2018**.

b) The church is considering using solar power for lighting and borehole operations to reduce electricity costs. Professionals in this line are invited to do energy audit and advise the committee. Please contact the Church Administrator's Office for more details (0711210182/0707257000)

Rites of Passage and Membership Programme:

This has been organized by the Milimani North Presbytery in conjunction with Parish PCMF & Guild, and will take place from **04/11/2018** to **13/11/2018** at **Rowallan Scouts Camp** for boys and **St. Elizabeth School, Karen** for girls.

Boys charges @ KSh.10,000.00

Girls charges @ KSh. 6,000.00

Registration will be in the church office through **Mpesa Paybill 903800**. Account name: Ropes-Name of the child.

Deadline: **26/10/2018**. Cheques payable to: PCEA Milimani North Presbytery.

TEE Graduation: Will be held on **Sunday 23/09/2018** at **11am** service.

Pre-baptism Classes: Starting on **Saturday 29/09/2018** from **9am** to **11am**. Contact Ashton 0721100497

Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

Pastoral Care Contact:

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira** on **0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

Daybreak:

Are you passionate in acting, dancing, spoken word, singing, comedy or poetry? Well look no further, Daybreak is the place to be. For more information contact Carol – 0788884515

Serve God with your talent.

Ablaze/Young Adults Ministry:

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Carol (Coordinator): 0786378330

Sermon Audios:

You can now listen to sermon audios by visiting our **website www.pceastandrews.org**

Weekday Services:

Service	Day & Time	Venue
Morning Glory Prayers	Wednesdays 6.30am -7.30am	Church Hall 1
Midweek Prayer Service	Wednesday from 12.30-1.30pm	Main Sanctuary
PCMF Morning Prayer Fellowship	Thursdays 6.00am -7.00am	Church Hall 1

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

Prayer Requests:

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

Morning Glory Prayers:

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am – 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **"Call to me and I will answer you and tell you great and unsearchable things you do not know"** (Jer. 33:3).

Midweek Prayer Service:

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. Take a moment every **Wednesday** between **12.30pm-2pm** wherever you are and pray even if you don't make it to Church. All prayer warriors are welcome.

Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

Discipleship Desk:

All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

St. Andrew's Discipleship Ministry:

New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. ***"Teaching them to obey everything that I have commanded you"***. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

Counseling Ministry:

St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This Ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

Youth Bible Study:

Every Thursday from 5.30pm – 7.00pm in the **Youth Annex**. This week's topic is an exposition on the book of Romans Chapter Seven (7) by Kariuki Apollo. Please purpose to attend.

Joyful sounds:

We are looking for new members: singers and instrumentalists alike. Practice is on **Saturday at 9:30 am**. If interested contact Eric on 0704447761

Security Notice:

Search of vehicles at the main entrance gate continues.

- Exit from the church compound on Sundays is via Nyerere Road.
- The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next.
- Avoid crowding in the Paved Area or Parking Grounds after service.
- Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and incase of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.
- In case of any emergency run out of the compound. Do not drive.
- Do not leave valuables unattended and report loss/missing property to security immediately.

Are you a hospitable person?

The quintessential way to grow your church is to understand and implement hospitality by welcoming people and familiarizing new member into the life of the church. Join hospitality ministry members every Sunday at 10.30am in the visitors parlour. Refreshments are served. Contact Shiko Kamau 0754657911/0707756682

Vacancy: Position of a Youth ntern

PCEA St. Andrew's Church is seeking to fill the position of a Youth Intern, who will work under the Youth Director. This is a non-renewable one year internship program. The position provides both exciting and challenging opportunities in the Youth Ministry. The Person will work with Boys and Girls Brigade and should therefore be a commissioned Officer and should bring a letter from the Parish Minister.

All interested applicants to drop a detailed CV and application letter to the church office addressed to the Session Clerk, PCEA St. Andrews Parish on or before 5pm, Friday 28th September 2018.

Soft copy applications to be emailed to recruitment@pceastandrews.org

Kindly check the church notice board for more application details.

Election of Deacons and Group Leaders:

Members are reminded to hold elections of deacons and group leaders and the names to be forwarded to the Clerk by **30/09/2018**