



2018 THEME: "BEAR FRUIT – FRUIT THAT WILL LAST" (John 15:16)

### **MARRIAGE BANNS**

There is a purpose of the following marriage. If no valid objection is raised, the marriage will be solemnized on the date, at the venue and time indicated below:

<b>Groom &amp; Bride</b>	<b>Church</b>	<b>Date &amp; Time/Venue</b>
1. David Gachanja Njuguna Eunice Wairimu Mwaura	PCEA St. Andrew's PCEA St. Andrew's	07/07/2018 @ 10.00am PCEA St. Andrew's
2. Bernard Maina Wambulwa Julia Wangui Rugo	Church of Jesus Christ(UK) PCEA St. Andrew's	14/07/2018 @ 12.00noon PCEA St. Andrew's

May God bless those who are about to begin their home.

#### **Parochial Ministers**

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani

#### **Associate Ministers:**

Rev. Phyllis Byrd Ochilo  
Rev. Prof. Peter N. Kariuki  
Rev. Prof. Gerishon M. Kirika  
Rev. Ananie Nduwamungu

**5<sup>th</sup> Sunday after Trinity – 01/07/2018**

### **THANKSGIVING SUNDAY**

**A Prayer for my Family  
(a prayer for hope & love)**

**Lord God,**

I give you all the members of our family. You know them all so well and love them all.

I ask that you would cover us with a rainbow of hope.

Hope that draws us together to work out our differences.

Hope that helps us to celebrate together and care for one another.

Hope that rides like a banner in our lives and watches over us wherever we go.

Hope that overcomes adversity and gathers strength to overcome.

Hope that guides us and gives us vision for our future alone and together.

Hope filled with love.

Hope that fuels faith.

Hope that breathes peace.

May our family live in you

Underneath your promises.

**Amen.**

### **HEALTH CORNER**

#### **Medical Benefits Of A High Fibre Diet**

- Increased fecal bulk – prevents constipation.
- Improves gastrointestinal health
- Improves glucose tolerance and insulin response following a meal. Very beneficial in diabetes mellitus
- Increased colonic fermentation and short chains fatty acids production
- Positively modulates colonic bacteria population
- Decreases levels of harmful fats in the body, hypertension and coronary heart disease.
- Decreased cancer risk, especially colon cancer
- Increased satiety hence some degree of weight control.
- Reduction in incidence of respiratory diseases.
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**From the Healing Ministry of Health Professionals**

## DISTRICTS

### Early Morning Service: 8.30am – 10. Holy Communion

Rev. Prof. Peter Kariuki  
Rev. Prof. Peter Kariuki

### Morning Service: 9.00am-10.30am:

Call to worship  
Psalm for the day: Psalm 133  
Praise in worship  
Prayers of Adoration, Confession, Thanksgiving, Intercession and the Lord's Prayer  
Hymn: CH3 9 Praise to the Lord, the Almighty  
Moment for Children & Presentation  
Welcome and intimations  
Bible Reading: Numbers 6:22-27  
Hymn: Count your blessings  
Sermon: **“And I will bless them”**  
Pastoral Prayers  
Tithes/ offerings & Prayer  
Hymn: RS 459 When we walk with the Lord  
Benediction

Elder Isaac Gathenya

New Song

Rev. Prof. Gerishon Kirika  
Elder Mrs. Margaret Thagichu  
All

Rev. Peter Kenyanjui  
Rev. Cyrus Wachira  
Elder Reuben Gitau

### Mid Morning Service: 11.00am - 12.30pm

Call to Worship  
Psalm for the day: Psalm 133  
Praise in Worship  
Prayers of Adoration, Confession, Thanksgiving, Intercession & the Lord's Prayer  
Hymn: CH3 9 Praise to the Lord, the Almighty  
Moment for Children & Presentation  
Welcome Visitors & Intimations  
Bible Reading: Numbers 6:22-27  
Hymn: Count your blessings  
Sermon: **“And I will bless them”**  
Pastoral Prayers  
Tithes/offerings & Prayer  
Hymn: RS 459 When we walk with the Lord  
Benediction  
Recessional: RS 458

Elder Isaac Gathenya

Praise Team

Rev. Cyrus Wachira  
Elder Mrs. Margaret Thagichu  
All

Rev. Peter Kenyanjui  
Rev. Cyrus Wachira  
Elder Reuben Gitau

9.00am - Fishers Fellowship

Paul Mungai

11.00am - Youth Service -H/C

Rev. Phyllis B. Ochilo

11.00 am - French Service

Rev. Dr. Andre' Niyonsaba

2.00 pm - Deaf Service

Andonetta Bayayi

5.00 pm - Evening Service

Allan

### District 4:

- Monthly fellowship will be held on **08/07/2018** at the Home of **Mr. & Mrs. D. G. Njoroge** -Kamiti Farm Kiambu, at **2pm**. All to meet at Kamiti Corner at **1.30pm** to move together.
- Members will visit Rev. & Mrs. Cyrus Wachira at their home Mvuli Lane on **15/07/2018** after **11am** service. All to meet at the church parking area to move together.

### District 7 & 11:

Our monthly fellowship will be at **Mr. & Mrs. Githinji's** home on **08/07/2018**.

### District 9:

Weekly Bible Study fellowship on **Tuesday 03/07/2018** at **7.15pm** at **Wamichi's**.

### District 12/14:

Weekly fellowship on **Friday 06/07/2018** at **6pm** at the home of Mr. & Mrs. Chuchu, Zanzibar Rd Flat 2A, South B.

### District 15:

Monthly fellowship on **Sunday 08/07/2018** in the home of **Mrs. Agnes Gitahi**.

### District 18 & 19:

Monthly fellowship will be held on **Sunday 15/07/2018** at **Elder & Mrs. Wagana's** rural home. We shall use common transport departing from the church at **7:00 a.m.** Kindly pray and purpose to attend.

### District 21& 23:

Our visit to Tumaini Children Home with District 22 is on **Sunday 08.07.2018**. We will hold the service with the children at the venue at **10.00am**. Members to contact the district Treasurer for food & refreshments contributions. The Contributions can also be paid at the church Accounts office. Kindly pray and purpose to attend.

### District 24 & 25:

Our fellowship meeting will be in the home of **Isaac & Isabella Wanjohi** on **Sunday 08/07/2018** starting at **1.00pm**. Do purpose to come with families and friends so that we can experience God's blessings together.

## PARISH MEETINGS

**Statutory Kirk Session:** Meeting on **Tuesday 03/07/2018** at 5.30pm in the Session room.

### Woman's Guild Week:

- **Guild Singers:** Meet every Tuesday from 2.00pm for practice.
- Guild Social meeting on **Wednesday 04/07/2018** starting with prayers at 3pm.

**Special Ladies Ministry:** Monthly Fellowship meeting on **Sunday 01/07/2018** at 7.30am in the Session room.

### Hospital Missioners:

- Will visit Florence Mwaura on **01/07/2018**.
- **Hospital Training Seminar** to be held on **28/07/2018**. This is an open invitation to any church member, who wish to join with Hospital Missioners. We visit the sick in various hospitals and homes. Hospital Missioners follow the Great Commission Jesus assigned His disciples Matt 28:16-20. Our calling is based on Mtt 25:35-36..40.

### The Malawi Mission Team 2018

(Church Leaders, New Song, Joyful Sounds, Guild Singers, Youth Choir, Zion Praise Team and Missions) humbly invites you all to the " **You are mine' (Isaiah 43:1b)** fundraising worship concert.

**When:** today, 1<sup>st</sup> July 2018

**Time:** 2:30p.m. To 5:30pm

**Where:** Youth Hall, PCEA St. Andrew's

**Cost:** Kenya Shillings 1000/= only

**Special Guests:** All of You

**Ministering:** The Music Ministry

**Please stop** at our designated ticket sale points on the paved area for your tickets.

**Other exciting news....** please pause to buy your Sunday bitings, beverages and other exciting items from the Youth Canteen. All proceeds of sale for the months of June through mid- August will go toward the "You are mine' **Malawi Mission 2018**. Thank you.

**More exciting news....**If you enjoy singing the Joyful Sounds instrumentalist will accompany you at their stand on the paved area at a cost of Kenya Shillings 500/= per song.

**School of Leadership Module 1 Cohort 11:** Registration is ongoing. Kindly register and benefit from these powerful transforming Leadership seminars. Contact No. 0722849058

**"Do Well"** – Managing your money according to God's financial principles. New course starting in July. Please register at PCMF desk. Contact – Manyara – 0729205295

**JPRC:** Invites you to an open forum on Gender Related Violence! On **06/07/2018** at 5.30pm. Guest Speaker will be **Mercy Githara** a Clinical Psychologist

### School of Prayer:

It's another moment of prayer adventure through the 10 week journey. It's fun as we learn how to seek and listen to God through the only avenue provided by God Himself. Learn how to make fasting and prayer a lifestyle. School of prayer begins on **18/07/2018**. Kindly register by calling **Rhose Wairimu** on **0722997507/0733997507** or **Elder Munene Waruhiu** on **0722707873** or the **Church Office**.

## INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: **Mrs. Seraphine Rugu – 0721332816**  
Health Professional on duty: **Dr. Stephen Njogu- 0722515451**

### Appreciation:

- **Prof. Eliud Mathu and the entire Muthumbi family** wish to express their sincere appreciation to the PCEA St. Andrew's Church, the Pastoral Team, Elders, Deacons and members who supported us during the mourning and burial of our **late mother Rahab Wamaitha Muthumbi**. Special thanks to our District 13/17 and to Elders Wagana, Kiiru, Ichang'i, Patterson Mathenge and Evangelists Amos Mutemwa and David Wambugu. May the Lord Jesus Christ bless you all for everything done to gloriously rest our departed mother.
- "**The family of the late Robert Wamahiu Mathangani** (brother to Dr. Salome Mathangani), would like to give their appreciation to the Church for the spiritual support and encouragement they got starting 14/06/2018 the day the Lord called Robert to his heavenly abode, up to 21/06/2018 when they laid him to rest at their home in Gatitu, Nyeri. Special gratitude to Rev. Jacob Tolno, members of District 12/14 shepherded by Elder Wanjaiya and Elder Kingori. To God be the glory."

### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

### Church Membership:

Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

### 40 Years Celebration - Church Choir:

The Church Choir is this year celebrating 40 years since its Africanization. To give thanks to God, we have lined up a series of activities spread throughout the year to celebrate this achievement. The theme of this celebration is: God's united people bear lasting fruit". This far the Lord has been our Ebenezer – All glory belongs to Him!

**JPRC:** Invites all congregants interested in matters related to Justice, Peace & Reconciliation to join the group. Membership is open to members from all professionals and vocations. Please register your interest at the JPRC table at the paved area or email [jprc@pceastandrews.org](mailto:jprc@pceastandrews.org)

### PCEA Kileleshwa Church:

- The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the "**Little Smiles Daycare**" on the Gatundu Road, Gatundu Close. **Youth Service – 8.30am-9.45am** **7 Main Service 10.00am -12.00 noon**. Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.
- They are currently in need of a plot to construct a Sanctuary. Anyone with a piece of land around there and willing to donate can visit the office of the moderator.
- PCEA Kileleshwa Church is raising funds for the purchase of a plot and construction of a Sanctuary.

#### Bank details:

Cheques payable to: PCEA Kileleshwa Church

Deposit: Cooperative Bank, Lavington Branch

A/c No. 01128650387400 Mpesa Paybill No. 832822 (Account – Your Name)

Cash payment: St. Andrew's Accounts office, Kileleshwa Account

### **Benevolence:**

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

### **Pastoral Care Contact:**

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira on 0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

### **St. Andrew's Kindergarten Admission:**

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

### **Daybreak:**

Are you passionate in acting, dancing, spoken word, singing, comedy or poetry? Daybreak needs you!! Serve God with your talent. Contact Carol – 0788884043 or Sheila – 0777867550

### **Ablaze/Young Adults Ministry:**

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Carol (Coordinator): 0786378330

### **Weekday Services:**

Service	Day & Time	Venue
<b>Morning Glory Prayers</b>	Wednesdays 6.30am -7.30am	Church Hall 1
<b>Midweek Prayer Service</b>	Wednesday from 12.30-1.30pm	Main Sanctuary
<b>PCMF Morning Prayer Fellowship</b>	Thursdays 6.00am -7.00am	Church Hall 1

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

### **Prayer Requests:**

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

### **Morning Glory Prayers:**

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am – 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **“Call to me and I will answer you and tell you great and unsearchable things you do not know”** (Jer. 33:3).

### **Midweek Prayer Service:**

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. **Take a moment every Wednesday between 12.30pm-2pm wherever you are and pray even if you don't make it to Church.** All prayer warriors are welcome.

### **Discipleship Desk:**

All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

### **St. Andrew's Discipleship Ministry:**

New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **“Teaching them to obey everything that I have commanded you”**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

### **Counseling Ministry:**

➤ St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This Ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

### **Pastoral Counselling Support:**

**Rev. Prof. Peter Kariuki** has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

### **Youth Bible Study:**

We have youth bible study that happens every **Thursday from 5:30-7:00pm** in the Mc Leven Chapel. This week's topic is 'An Exposition on the Book of Romans'. Please purpose to attend.

### **Lipa Na M-pesa:**

You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or though swiping your visa card. You can also give your tithes and other donations through our Paybill No.903800 or by swiping your visa card.

### **M-pesa Services:**

Mpesa, Equity Bank & SMEP Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church.** Open during the week and Sunday Mornings.

### **Security Notice:**

Search of vehicles at the main entrance gate continues.

- Exit from the church compound on Sundays is via Nyerere Road.
- The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next.
- Avoid crowding in the Paved Area or Parking Grounds after service.
- Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and in case of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.
- In case of any emergency run out of the compound. Do not drive.
- Do not leave valuables unattended and report loss/missing property to security immediately.

**SRC:** We request for donations to help needy people in our community. The donations can be in the form of dry foodstuff, blankets, beddings, clothes especially for children and men, utensils, etc.

### **KAPS Parking:**

Please note that members are only entitled to free parking when coming for group meetings and church activities.

### **Joyful sounds:**

We are looking for new members: singers and instrumentalists alike. Practice is on **Saturday at 9:30 am**. If interested contact Eric on 0704447761

### **Sermon Audios:**

You can now listen to sermon audios by visiting our **website [www.pceastandrews.org](http://www.pceastandrews.org)**

### **Sign Language Classes**

You are invited to register for sign language classes here at PCEA St Andrew's The classes take place on Tuesday 10<sup>th</sup> July and Wednesday 11<sup>th</sup> July, for two hours per day OR Saturdays for four hours. For more information, Please call the Deaf Ministry Coordinator Susan Nderitu on 0721-462-832.

**The Way Magazine:** Sale of The Way Magazine after all the services at the Paved Area. Please obtain a copy at 250/= per copy.