



2018 THEME: "BEAR FRUIT – FRUIT THAT WILL LAST" (John 15:16)

**Parochial Ministers**

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani

**Associate Ministers:**

Rev. Phyllis Byrd Ochilo  
Rev. Prof. Peter N.Kariuki  
Rev. Prof. Gerishon M. Kirika  
Rev. Ananie Nduwamungu

**Trinity Sunday – 27/05/2018**

**Ministers' Spouses Sunday**

**Selfish Ambition...Get rid of it**

In Galatians 5:20, selfish ambition is listed as one of the acts of the sinful nature or a manifestation of the acts of the flesh. It is one of the sins that we should get rid of. We can also say that selfish ambition is characterized by, or manifests in, strife, concern or care for oneself as opposed to concern for others. Such an attitude or behavior is not in harmony with the teaching of scripture and should be got rid of.

**Leah Kariuki**

**HEALTH CORNER**

**Management of Respiratory Diseases**

- For upper respiratory tract infections majority are viral.
- Antibiotics often not indicated.
- Treatment is largely to relieve symptoms of sneezing, coughing, fever, muscle pains and headaches
- Plenty of fluids, bed rest for severe illness, light diet.
- For allergic symptoms, antihistamines decongestants and steroid sprays to the nose
- For lower respiratory tract infections, take appropriate antibiotics prescribed after a history, examination and investigations (x-ray, sputum and exam) has been done.
- Avoid over- the- counter antibiotics.
- Diseases of the airways – asthma and COPD require accurate diagnosis and use of appropriate inhalers and other medicines.
- Correct use of inhalers is very important

**From the Healing Ministry of Health Professionals**

**Early Morning Service: 8.30am – 10.00am**

Paul Mungai

**Morning Service: 9.00am-10.30am:**

Call to worship  
Psalm for the day: Psalm 113  
Praise in worship  
Prayers of Adoration, Confession, Thanksgiving, Supplication and the Lord's Prayer  
Hymn: RS 164 Rock of ages  
Moment for Children  
Welcome and intimations  
1<sup>st</sup> Bible Reading: Genesis 4:1-8  
2<sup>nd</sup> Bible Reading: Philippians 2:1-11  
Hymn: Since Jesus came into my heart  
Sermon: **Selfish Ambition...Get rid of it**  
Tithes/ offerings & Prayer  
Hymn: RS 192 Down at the cross  
Benediction  
Holy Communion

Mr. Polycarp Ochilo

**New Song**  
Mrs. Rosalind Kirika

**Rev. Peter Kariuki**  
Elder Mrs. Margaret Thagichu  
Mrs. Esther Tolno  
Mrs. Cecile Nduwamungu

Mrs. Leah Kariuki

**Mid Morning Service: 11.00am - 12.30pm**

Call to Worship  
Psalm for the Day: Psalm 113  
Praise in Worship  
Prayers of Adoration, Confession, Thanksgiving, Intercession & the Lord's Prayer  
Hymn: RS 7 To God be the glory  
Moment for Children  
Welcome Visitors & Intimations  
Infant Baptism  
1<sup>st</sup> Bible Reading: Genesis 4:1-8  
2<sup>nd</sup> Bible Reading: Philippians 2:1-11  
Hymn: RS 835 Master, speak!  
Sermon: **Selfish Ambition...Get rid of it**  
Tithes/offerings & Prayer  
Hymn: RS 459 When we walk with the Lord  
Benediction

Mr. Polycarp Ochilo

**Praise Team**  
Mrs. Loise Njoroge

Mrs. Rosalind Kirika  
Elder Mrs. Margaret Thagichu

Mrs. Esther Tolno  
Mrs. Cecile Nduwamungu

Mrs. Leah Kariuki

9.00am - Fishers Fellowship

Bible Study

11.00am - Youth Service

Rev. Phyllis Ochilo

11.00 am - French Service

2.00 pm - Deaf Service

Judy Wanjiru

5.00 pm - Evening Service

A. Mwaniki

**DISTRICTS**

**District 3 & 6:**

Monthly fellowship will be held at the home of Mr. & Mrs. Manyara in Uthuru today 27/05/2018 at 3.30pm.

**District 9:**

- Weekly Bible Study fellowship on Tuesday 29/05/2018 at 7.15pm at Mr. & Mrs. Njoroge's.
- Monthly District Fellowship today 27/05/2018 at 1.30pm at Elder & Mrs. Gathenya's.

**District 12&14:**

The District members will visit Rev. Elizabeth Kimani today 27/05/2018. Members will meet at the paved area to pool transport after the 11.00am service.

**District 13/17:**

Fellowship today 27/05/2018 at Mr. & Mrs. George Wairoto's in Ridgeways. We shall use common transport after 11.00am service. For directions please call Mr. Wairoto on 0722869874

**District 15:**

Monthly fellowship on Sunday 10/06/2018 in the home of Mr. & Mrs. F. Kuria  
Weekly fellowship on Friday 15/06/2018 in the home of Dr. & Prof. Njui

**District 18/19:**

Our monthly fellowship will be held today 27/05/2018 hosted by Mrs. Janet Ngaruiya at their rural home. We shall use common transport departing from the church at 8.30am. Kindly pray and purpose to attend.

**District 22:**

Fellowship in the home of deacon Mungai Kinyanjui in Kinoo today 27/05/2018 after the 11 O'clock service.

**District 28:**

Monthly fellowship will be held today 27/05/2018 at the home of Mr. & Mrs. Mwaura at 2.30pm. Directional map will be put on WhatsApp.

## INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: Mrs. Jackie Kiaraho – 0727539846  
Health Professional on duty: Dr. Stephen Njogu- 0722515451

### Church Flowers:

Flowers today have been given by the Youth choir in thanksgiving to God for a successful mission to Sweden. We wish to express our sincere gratitude to the whole congregation for allowing us to wash their cars, supporting our sales activities, attending our concert, donations and prayers. We wish to also thank the Session, Church leadership, all the church groups, Guild canteen staff, Administration Manager and all the church staff for the support they offered. God bless you all.

### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

**Church Membership:** Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

**The Church Choir** together with the **National Blood Transfusion Services** would like to sincerely THANK YOU from the deepest part of our hearts for participating and donating of 85 pints of blood on 13/05/18 during the Blood Drive. You saved lives by giving a part of you and we pray God may truly bless you. We shall let you know when to collect your Blood Donation cards once they are ready.

**JPRC:** Invites all congregants interested in matters related to Justice, Peace & Reconciliation to join the group. Membership is open to members from all professionals and vocations. Please register your interest at the JPRC table at the paved area or email [jprc@pceastandrews.org](mailto:jprc@pceastandrews.org)

### PCEA Kileleshwa Church:

- The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the "**Little Smiles Daycare**" on the Gatundu Road, Gatundu Close. **Youth Service – 8.30am-9.45am 7 Main Service 10.00am -12.00 noon.** Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.
- They are currently in need of a plot to construct a Sanctuary. Anyone with a piece of land around there and willing to donate can visit the office of the moderator.
- PCEA Kileleshwa Church is raising funds for the purchase of a plot and construction of a Sanctuary.

#### Bank details:

Cheques payable to: PCEA Kileleshwa Church  
Deposit: Cooperative Bank, Lavington Branch  
A/c No. 01128650387400 Mpesa Paybill No. 832822 (Account – Your Name)  
Cash payment: St. Andrew's Accounts office, Kileleshwa Account

### Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

## PARISH MEETINGS

### Board of Management:

Meeting on **Tuesday 29/05/2018** at 5.30pm in the session room.

### 9<sup>th</sup> St. Andrews Charity Golf:

- **FRIDAY 22/6/2018** AT MUTHAIGA COLF COURSE
  - Corporate sponsors invited
  - Golf cards are ready, so you can pick some. Entrance fee Ksh. 3,000/= per player
  - Visit Golf Desk for registration
- Golf Committee meets on **Thursday 31<sup>st</sup> May 2018, at 5.30pm**

### Woman's Guild Week:

**Theme: 1 Peter 5:10 And the God of all grace, who called you to His eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast.**

- **Monday 28/05/2018 at 3.00pm:** Woman's Guild Week Launch
- **Tuesday 29/05/2018** Planting trees
- **Wednesday 30/05/2018:** Visiting the needy in various districts
- **Thursday 31/05/2018 at 12 noon:** Guild Fundraiser/Lunch
- **Sunday 03/06/2018:** In charge of all the services
- **Guild Singers:** Meet every Tuesday from **2.00pm** for practice.

### Pre-Baptism Classes:

Will begin on **02/06/2018**. Contact 0721100497

### School of Leadership Module 1 Cohort 11

Registration is ongoing. Classes will begin end of May. Kindly register and benefit from these powerful transforming Leadership seminars. Contact No. 0722849058

### T.E.E.

- Committee meeting to be held on **Thursday 31/05/2018 at 5.30pm**
- New Basic Diploma class commences on **12/06/2018 at 5.30pm**. Kindly register with the church office.

### Shâchâh III

The St. Andrew's (Stands) Parish Praise Team would like to invite you to our third chapter of Shâchâh which will be held on **10/06/2018** as part of the 11.00am youth service, at St. Andrew's youth hall. Shâchâh is a Hebrew word that means to bow down or lie prostrate before God in worship. It entails an extended worship session that will be a collaboration between the team, Alice Kimanzi and Daniel Chikhwaza singers with Nairobi chapel. Theme: Deut: 32:9-10. Do come and join us in this session and bring a friend.

### Jazz Sunday

The St Andrew's (Stands) Parish Praise Team would like to invite you to a Jazz Concert Service which will be held on the **10/06/2018** as part of the 11 am youth service, at st Andrew's Church youth hall.

The theme comes from Micah 6:8 I desire to walk in the company of God. We shall have special guests to grace the occasion, Born to Worship, a gospel band that has been ministering in this unique way in other churches. We welcome you to our service and bring a friend.

### **Pastoral Care Contact:**

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira** on **0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

### **St. Andrew's Kindergarten Admission:**

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

### **Daybreak:**

Are you passionate in acting, dancing, spoken word, singing, comedy or poetry? Daybreak needs you!! Serve God with your talent. Contact Carol – 0788884043 or Sheila – 0777867550

### **Ablaze/Young Adults Ministry:**

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Carol (Coordinator): 0786378330

### **Weekday Services:**

Service	Day & Time	Venue
Morning Glory Prayers	Wednesdays 6.30am -7.30am	Church Hall 1
Midweek Prayer Service	Wednesday from 12.30-1.30pm	Main Sanctuary
PCMF Morning Prayer Fellowship	Thursdays 6.00am -7.00am	Church Hall 1

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

### **Prayer Requests:**

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

### **Morning Glory Prayers:**

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am – 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **"Call to me and I will answer you and tell you great and unsearchable things you do not know"** (Jer. 33:3).

### **Midweek Prayer Service:**

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. **Take a moment every Wednesday between 12.30pm-2pm wherever you are and pray even if you don't make it to Church.** All prayer warriors are welcome.

**St. Andrew's Discipleship Ministry:** New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **"Teaching them to obey everything that I have commanded you"**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

**Discipleship Desk:** All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

### **Counseling Ministry:**

➤ St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This Ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

➤ **Pastoral Counselling Support:** **Rev. Prof. Peter Kariuki** has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

**Youth Bible Study:** We have youth bible study that happens every **Thursday from 5:30-7:00pm** in the Mc Leven Chapel. This week's topic is 'An Exposition on the Books of Colossians'. Please purpose to attend.

**Lipa Na M-pesa:** You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or through swiping your visa card. You can also give your tithe and other donations through our Paybill No.903800 or by swiping your visa card.

**M-pesa Services:** Mpesa, Equity Bank & SMEP Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church.** Open during the week and Sunday Mornings.

**Security Notice:** Search of vehicles at the main entrance gate continues.

- Exit from the church compound on Sundays is via Nyerere Road.
- The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next.
- Avoid crowding in the Paved Area or Parking Grounds after service.
- Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and in case of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.
- In case of any emergency run out of the compound. Do not drive.
- Do not leave valuables unattended and report loss/missing property to security immediately.

**SRC:** We request for donations to help needy people in our community. The donations can be in the form of dry foodstuff, blankets, beddings, clothes especially for children and men, utensils, etc.

**KAPS Parking:** Please note that members are only entitled to free parking when coming for group meetings and church activities.

**Joyful sounds:** We are looking for new members: singers and instrumentalists alike. Practice is on **Saturday at 9:30 am**. If interested contact Eric on 0704447761

**Sermon Audios:** You can now listen to sermon audios by visiting our website [www.pceastandrews.org](http://www.pceastandrews.org)

## **RE-ADVERTISEMENT OF THE POSITION OF AN ASSISTANT YOUTH DIRECTOR AT P.C.E.A ST. ANDREWS CHURCH NAIROBI**

We are seeking to fill the position of an Assistant Youth Ministry Director who will work under the Youth Director. The roles will include as a minimum: Preaching, teaching, counseling, mentorship, youth ministry Innovation and strategic youth ministry co-ordination and development.

### **Skills and competences:**

- i. Born again Christian.
- ii. Must be of sound Christian doctrine.
- iii. Strong pastoral calling and counseling commitments.
- iv. Be able to teach and share the gospel of Jesus Christ with the youth and other age groups.
- v. Be able to fit in an urban ministry environment.
- vi. Have good organizational and administrative skills.
- vii. Aged between 25 - 35yrs.
- viii. Able to work in a multi-ethnic environment.
- ix. Possess relevant experience and passion in working with youth especially teens and college students.

### **Qualification & Education**

- i. University degree in theology or equivalent.
- ii. Masters degree will be an added advantage.
- iii. Minimum of 1- 3 years in youth ministry work.
- iv. Full member of P.C.E.A or N.C.C.K ecumenical movement.

All interested applicants to drop a detailed CV and application letter to the church office addressed to the **Session Clerk, PCEA St. Andrews Parish** on or before **5 PM, Friday 15<sup>th</sup> June 2018**. Soft copy applications to be emailed to [recruitment@pceastandrews.org](mailto:recruitment@pceastandrews.org).

Please note that only shortlisted applicants will be contacted.