

## **MARRIAGE BANNS**

There is a purpose of the following marriage. If no valid objection is raised, the marriage will be solemnized on the date, at the venue and time indicated below:

<b>Groom &amp; Bride</b>	<b>Church</b>	<b>Date &amp; Time/Venue</b>
1. Patrick Bwonda Evelyne Wangu Kagambi	Don Bosco Catholic PCEA St. Andrew's	19/05/2018 @ 10.00am PCEA St. Andrew's
2. Eric Thuo Wokabi Sheila Nyokabi Wamicwe	ACK St. James Buruburu PCEA St. Andrew's	26/05/2018 @ 10.00am PCEA St. Andrew's

May God bless those who are about to begin their home.

PRESBYTERIAN CHURCH OF EAST AFRICA  
ST. ANDREWS PARISH, NAIROBI



2018 THEME: "BEAR FRUIT – FRUIT THAT WILL LAST" (John 15:16)

### **Parochial Ministers**

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani

### **Associate Ministers:**

Rev. Phyllis Byrd Ochilo  
Rev. Prof. Peter N.Kariuki  
Rev. Prof. Gerishon M. Kirika  
Rev. Ananie Nduwamungu

**7<sup>th</sup> Sunday of Easter – 13/05/2018**

### **HEALTH CORNER**

#### **What you can do to keep healthy and protect others**

- Good hand hygiene especially washing of hands .
- Cover mouth when coughing or sneezing.
- Isolation or stay away when sick.
- Proper disposal of nasal tissue.
- A healthy well balanced diet
- Avoid or reduce salt intake and oily foods especially for those with asthma and COPD
- Maintain a normal weight or reduce if overweight or obese
- Exercise for all is good for the lungs
- Stop smoking if a smoker and avoid second-hand smoke
- Avoid smoke from firewood, charcoal and other pollutants of the air we breath

**From the Healing Ministry of Health Professionals**

**“...Upon this rock I will  
build my church...”  
Matthew 16:18**

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P.O. Box 41282-00100 GPO NBI KENYA  
Mob: 0707257000; 0733400023  
Instagram: @pceastandrewschurch  
Website: [www.pceastandrews.org](http://www.pceastandrews.org)

Email: [info@pceastandrews.org](mailto:info@pceastandrews.org)  
Twitter: @pceastandrews2

[www.facebook.com/pceastandrews](http://www.facebook.com/pceastandrews)

## Early Morning Service: 8.30am – 10.00am

Kariuki Apollo

## Morning Service: 9.00am-10.30am:

Call to worship  
Psalm for the day: Psalm 127  
Praise in worship  
Prayers of Adoration, Confession, Thanksgiving, Supplication and the Lord's Prayer  
Hymn: RS 463 Sowing in the morning  
Moment for Children  
Welcome and intimations  
Church Choir  
1<sup>st</sup> Bible Reading: Numbers 13:25-33  
2<sup>nd</sup> Bible Reading: Matthew 16:13-20  
Hymn: RS 164 Rock of Ages  
Sermon: **Jesus the Rock**  
Tithes/ offerings & Prayer  
Hymn: CH3: 89 Guide me O thou great Jehova  
Benediction

Elder Mrs. Grace Wanjaiya

New Song

Rev. Prof. G. Kirika  
Elder Sam Wachira  
Kenya National Blood Transfusion Service  
Mrs. Susan Macharia  
Mr. Maurice Kamotho  
Rev. Cyrus Wachira

## Mid Morning Service: 11.00am - 12.30pm

Call to Worship  
Psalm for the Day: Psalm 127  
Praise in Worship  
Prayers of Adoration, Confession, Thanksgiving, Intercession & the Lord's Prayer  
Hymn: RS 463 Sowing in the morning  
Moment for Children  
Welcome Visitors & Intimations  
Church Choir  
1<sup>st</sup> Bible Reading: Numbers 13:25-33  
2<sup>nd</sup> Bible Reading: Matthew 16:13-20  
Hymn: RS 164 Rock of Ages  
Sermon: **Jesus the Rock**  
Tithes/offerings & Prayer  
Hymn: CH3: 89 Guide me O Thou great Jehova  
Benediction

Elder Mrs. Grace Wanjaiya

Praise Team

Rev. Cyrus Wachira  
Elder Sam Wachira  
Kenya National Blood Transfusion Service  
Mr. Kevin Kerigu  
Ms. Neliah Njeri Mwangi  
Rev. Cyrus Wachira

9.00am - Fishers Fellowship/HC

Rev. Phyllis Ochilo

11.00am - Youth Service

Kariuki Apollo

11.00 am - French Service

Mme. G. Akutse

2.00 pm - Deaf Service

Prof. Francis Situma

5.00 pm - Evening Service

Mr. E. Kanake

## DISTRICTS

### District 1&2:

Our next fellowship will be held on **Sunday 20/05/2018** in **Mr. & Mrs. Kimeria's** home in Redhill. Those not familiar with the home location may ring 0722716323 for direction.

### District 4:

- Monthly fellowship **today 13/05/2018** at the home of **Paul & Lucy Wainaina** next to Starehe Girls School at **3.00pm**.
- Bible study to be held on **Sunday 20/05/2018** at the home of **Samuel & Grace Kiroo**, Muthithi Gardens at **3.00pm**

### District 7/11:

Monthly fellowship **today 13/05/2018** at **3.00pm** at **Elder & Mrs. Muchangi's** home, Athi River, South Park estate, House No. 8.

### District 8:

Visiting Rev. Nduwamungu and family **today 13/05/2018** at Athi River.

### District 9:

- Weekly Bible Study fellowship on **Tuesday 15/05/2018** at **7.15pm** at **Mr. & Mrs. Mburu's**.
- Monthly District Fellowship on **Sunday 27/05/2018** at **1.30pm** at **Elder & Mrs. Gathenya's**.

### District 12&14:

Weekly fellowship on **Friday 18/05/2018** at **6.00pm** at the home of Mrs. Lucy Kimeria, house No. 8, Mubiru Rd., South B.

### District 15:

Weekly fellowship on **Friday 18/05/2018** in the home of **Elder & Mrs. Wachira**.

### District 18/19:

Our monthly fellowship will be held on **Sunday 27/05/2018** hosted by Mrs. Janet Ngaruiya at their rural home. We shall use common transport departing from the church at **8.30am**. Kindly pray and purpose to attend.

### District 21/23:

Fellowship for the month of May will be hosted by **Njeri Njiraini** **today, 13/05/2018** at St. Andrew's after the 11.00am service in room NHLG 15. May God bless you as you pray and purpose to attend.

### District 22:

Fellowship in the home of **deacon Mungai Kinyanjui** in Kinoo on **Sunday 27/05/2018** after the 11 O'clock service.

### District 28:

Monthly fellowship will be on **Sunday 27/05/2018** at the home of **Mr. & Mrs. Mwaura** at **2.30pm**. Directional map will be put on WhatsApp.

### PARISH MEETINGS

#### Pastoral Session:

Meeting on **Tuesday 15/05/2018** at 5.30pm in the Session room.

#### PCEA Kileleshwa Church

PCEA Kileleshwa Church is raising funds for the purchase of a plot and construction of a Sanctuary. There will be Major funds drives both at St. Andrew's Church and at PCEA Kileleshwa Church **today 13<sup>th</sup> May 2018** during all the services. Please pray and purpose to support St. Andrew's Church as a Mission Church. For the Lord loves a cheerful giver. 2 Corinthians 9:7

#### Bank details:

Cheques payable to: PCEA Kileleshwa Church

Deposit: Cooperative Bank, Lavington Branch

A/c No. 01128650387400 Mpesa Paybill No. 832822 (Account – Your Name)

Cash payment: St. Andrew's Accounts office, Kileleshwa Account

**JPRC:** JPRC invites you to an “**Open Forum on Budgeting**” on Thursday 17/05/2018.

#### 9<sup>th</sup> St. Andrews Charity Golf:

- **FRIDAY 22/6/2018** AT MUTHAIGA COLF COURSE
- Corporate sponsors invited
- Golf cards are ready, so you can pick some. Entrance fee Ksh. 3,000/= per player
- Visit Golf Desk for registration

Golf Committee meets on **Thursday 17<sup>th</sup> May 2018, at 5.30pm**

**Young Ladies:** Visit to Mrs. Minnie Gichuhi on **Saturday 19/05/2018**. Meet at church at **12.30pm**.

**Young Professionals:** There will be a Young Professionals breakfast forum on **Saturday 19/05/2018** in the Youth Hall from 7.00am-9.00am. The focus will be “Navigating work life in this age”.

#### Medical Camp:

The Health Professionals will be conducting a free Medical Camp for all congregation members after all the services on **Sunday 20/05/2018**. **BMI – free, Blood Sugar – 200/=, Cholesterol – 300/= PSA – 500/=**

**Senior Citizens Sunday:** Will be held on **20/05/2018** in the **9.00am** and **11.00am** services. All the Senior Citizens please note and participate.

#### High School Parents:

There will be a Parents of High School Fellowship on **Sunday 20/05/2018** from **9:00 am to 10:20 am** in the youth annex. This is a meeting that brings together all parents/guardians whose kids are in High school. The topic will be “Teens and sexuality” which will be facilitated by Mbutu Kariuki a renowned psychologist.

**Single Christian Parents Ministry:** Members kindly note and diarize to visit Kileleshwa church on **Sunday 20/05/2018**. **The group will depart from St. Andrew's Church at 9.30am**. All single parents are welcome.

**Deacons:** Deacons' annual retreat will be held between **25<sup>th</sup> & 26<sup>th</sup> May 2018**.

#### Woman's Guild:

**Guild Singers:** Meet every Tuesday from **2.00pm** for practice.

#### Pre-Baptism Classes:

Classes have started on Saturdays. Contact 0721100497

#### Mediation Training – D.C.R.I.

**Venue:** All Saints

**Date:** 21<sup>st</sup> – 25<sup>th</sup> May 2018

**Cost:** Kshs. 50,000 (fifty thousand only)

**Contact:** Church Reception or 0722355674

#### School of Leadership Module 1 Cohort 11

Registration is ongoing. Classes will begin end of May. Kindly register and benefit from these powerful transforming Leadership seminars. Contact No. 0722849058

#### T.E.E.

- Committee meeting to be held on **Thursday 31/05/2018** at **5.30pm**
- New Basic Diploma class commences on **12/06/2018** at **5.30pm**. Kindly register with the church office.

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: **Mr. Sam Wachira – 0722581197**

Health Professional on duty: **Dr. Stephen Njogu- 0722515451**

#### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

**Church Membership:** Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelists to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

**CHURCH CHOIR 40 YEARS CELEBRATION CONCERT:** The Church Choir is this year celebrating 40 years since its Africanization. To give thanks to God, we have lined up a series of activities spread throughout the year to celebrate this achievement. **Today the Kenya National Blood Transfusion Services will conduct the annual blood donation drive after every service. We invite you to support this noble activity.** The theme of this celebration is: “God's united people bear lasting fruit”. This far the Lord has been our Ebenezer – All glory belongs to Him!

**JPRC:** Invites all congregants interested in matters related to Justice, Peace & Reconciliation to join the group. Membership is open to members from all professionals and vocations. Please register your interest at the JPRC table at the paved area or email [jprc@pceastandrews.org](mailto:jprc@pceastandrews.org)

#### PCEA Kileleshwa Church:

- The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the “**Little Smiles Daycare**” on the Gatundu Road, Gatundu Close. **Youth Service – 8.30am-9.45am 7 Main Service 10.00am -12.00 noon**. Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.
- They are currently in need of a plot to construct a Sanctuary. Anyone with a piece of land around there and willing to donate can visit the office of the moderator.

#### Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

#### Pound for Pound Program:

Those who had registered for the program will be having Aerobic Exercises every Wednesday from **6.00 pm to 7.00 pm** in Church Hall 1. Please come for life changing exercises that will enhance your productivity.

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira on 0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

**St. Andrew’s Kindergarten Admission:**

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

**Daybreak:**

Are you passionate in acting, dancing, spoken word, singing, comedy or poetry? Daybreak needs you!! Serve God with your talent. Contact Carol – 0788884043 or Sheila – 0777867550

**Ablaze/Young Adults Ministry:**

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Carol (Coordinator): 0786378330

**Weekday Services:**

Service	Day & Time	Venue
Morning Glory Prayers	Wednesdays 6.30am -7.30am	Church Hall 1
Midweek Prayer Service	Wednesday from 12.30-1.30pm	Main Sanctuary
PCMF Morning Prayer Fellowship	Thursdays 6.00am -7.00am	Church Hall 1

All are welcome to come and experience God’s favour as we pray together and stand in the gap for our families, church and country.

**Prayer Requests:**

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

**Morning Glory Prayers:**

PCEA St. Andrew’s Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am – 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **“Call to me and I will answer you and tell you great and unsearchable things you do not know”** (Jer. 33:3).

**Midweek Prayer Service:**

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. **Take a moment every Wednesday between 12.30pm-2pm wherever you are and pray even if you don’t make it to Church.** All prayer warriors are welcome.

**St. Andrew’s Discipleship Ministry:** New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series “Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **“Teaching them to obey everything that I have commanded you”**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

**Discipleship Desk:** All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

**Counseling Ministry:**

- St. Andrew’s Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This Ministry provides psychological health and wellbeing, achieved through sharing, bearing each other’s burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew’s is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.
- **Pastoral Counselling Support:** **Rev. Prof. Peter Kariuki** has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

**Youth Bible Study:** We have youth bible study that happens every **Thursday from 5:30-7:00pm** in the Mc Leven Chapel. This week’s topic is ‘An Exposition on the Books of Colossians’. Please purpose to attend.

**Lipa Na M-pesa:** You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or through swiping your visa card. You can also give your tithe and other donations through our Paybill No.903800 or by swiping your visa card.

**M-pesa Services:** Mpesa, Equity Bank & SMEP Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church.** Open during the week and Sunday Mornings.

**Security Notice:** Search of vehicles at the main entrance gate continues.

- Exit from the church compound on Sundays is via Nyerere Road.
- The lower parking area is marked, kindly park within parking slot and let’s be our brother’s keeper and care for the next.
- Avoid crowding in the Paved Area or Parking Grounds after service.
- Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and in case of a suspicious person, report to security. Let’s adopt the Nyumba Kumi initiative.
- In case of any emergency run out of the compound. Do not drive.
- Do not leave valuables unattended and report loss/missing property to security immediately.

**SRC:** We request for donations to help needy people in our community. The donations can be in the form of dry foodstuff, blankets, beddings, clothes especially for children and men, utensils, etc.

**KAPS Parking:** Please note that members are only entitled to free parking when coming for group meetings and church activities.

**Joyful sounds:** We are looking for new members: singers and instrumentalists alike. Practice is on **Saturday at 9:30 am**. If interested contact Eric on 0704447761

**Sermon Audios:** You can now listen to sermon audios by visiting our website [www.pceastandrews.org](http://www.pceastandrews.org)

**Presbyterian University of East Africa:**

**New Course:**

PUEA has introduced a new course i.e. Diploma in Christian Education. This will help in equipping Church School Teachers, School Chaplains, Disciples, PP1 Instructors, Prison Evangelists, etc. Requirements are KCSE minimum aggregate grade C- and a C- in English. Duration – 2 years full time including free music lessons. For more information call numbers 0723799904, 0722841163. May intake registration ongoing.