

## Parish Session: Invitation to Undertake Parish History Writing

Are you an established writer, an author or a historian? We are looking for you and seek to engage your services.

PCEA St Andrews church seeks to creatively write the Parish Church History and invites all interested persons to submit the following in separate envelopes

- 1) Expression of Interest (EOI) - (Ref: STANDS/CH/EOI/001/2018)
- 2) BID (Ref: STANDS/CH/BID/001/2018)

The invitation is open from Monday 19<sup>th</sup> February 2018 at 9.00am and interested persons are required to register and pick the Assignment Terms of Reference from the Church Administrator. The EOI and BID should be delivered and dropped into the tender box in the Church office on or before Monday 5<sup>th</sup> March 2018 at 4pm. Opening of the EOI and BIDS will be done on Tuesday, 6<sup>th</sup> March 2018 at 230pm in Church Lecturer Room 3. All submitted bidders will be required to attend in person or their formally authorized representative.

The EOI and Bid will be addressed to the:

**Session Clerk,  
PCEA St. Andrews Parish,  
P. O. Box 41282 - 00100 GPO Nairobi.**

### **Borehole Tender Re-advertisement:**

The Church, through Development Committee wishes to float a tender to drill and equip a borehole in the Church compound. Interested bidders to collect the tender documents from the Administrator's Office at a cost of KSh.2,500/= payable to the Accounts Office.  
Closing date of submission is on 26/02/2018 at 1700hrs.

All bids to be addressed to:

**The Chairman,  
Development Committee,  
P.C.E.A. St. Andrew's Parish Nairobi,  
P. O. Box 41282-00100  
NAIROBI.**

### **HEALTH CORNER**

#### **EYE SAFETY AT THE WORK PLACE.**

If your job includes striking, scraping, grinding or the handling of dangerous chemicals always wear protective eyewear at work. These include goggles, face shields and safety glasses. These should be made preferably of polycarbonate material, which is strong. It should also be relevant to the nature of your work.  
For people with only one functional eye-

ALWAYS wear protective eyeglasses and avoid contact sports or hazardous professions. Remove protective eyewear when going to the shower and to sleep. Have an annual check up with an eye doctor to ensure the continued good health of your only eye.

In case of chemical splashes to the eyes; irrigate copiously with clean water and only then transfer to the nearest health facility.

For those working with computers, adjust screen brightness to limit glare, take short breaks every 30-45 minutes to look away from the monitor and to blink as this prevents unnecessary dryness of the eyes.

### **From the Healing Ministry of Health Professionals**

## PRESBYTERIAN CHURCH OF EAST AFRICA ST. ANDREWS CHURCH, NAIROBI



2018 THEME: "BEAR FRUIT – FRUIT THAT WILL LAST" (John 15:16))

### **Parochial Ministers**

Rev. Peter Njoroge Kariuki  
Rev. Cyrus Wachira Kimanyi  
Rev. Elizabeth Wamere Kimani

### **Associate Ministers:**

Rev. Phyllis Byrd Ochilo  
Rev. Prof. Peter N.Kariuki  
Rev. Prof. Gerishon M. Kirika  
Rev. Ananie Nduwamungu

**2<sup>nd</sup> Sunday in Lent - 25/02/2018**

### **Only God is Worthy of Worship**

The Lord God rightly claims ownership of His people that He brought out of the land of bondage into freedom. Exodus 20:2

All that He requires of them is exclusive and true worship. No idol in their life will be tolerated at any time. Exodus 20:3

Any created object or anyone (human or angel) that takes pre-eminence in our life is an idol and leads to sin.

Idol worship robs God of His glory and that is something He will never tolerate. Isaiah 42:8

Also those involved in witchcraft usurp the power they don't have and it will only work against them.

Our God is Spirit and His worshippers must worship Him in Spirit and in truth.

**Rev. Ananie Nduwamungu  
Associate Minister**

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Website: [www.pceastandrews.org](http://www.pceastandrews.org)

Email: [info@pceastandrews.org](mailto:info@pceastandrews.org)  
Twitter: @pceastandrews2

[www.facebook.com/pceastandrews](http://www.facebook.com/pceastandrews)

## DISTRICTS

### Early Morning Service: 8.30 – 10.00am

Rev. Prof. Peter Kariuki

### Morning Service: 9.00am-10.30am:

Call to worship  
Psalm for the day: Psalm 95:1-11  
Praise in worship  
Prayers of adoration, confession, thanksgiving, supplication and the Lord's Prayer  
Hymn: CH3 35 O Worship the King  
Moment for Children  
Welcome and intimations  
1<sup>st</sup> Bible Reading: Exodus 20:1-6  
2<sup>nd</sup> Bible Reading: I Corinthians 10:1-14  
Hymn: RS 9 I must have the Saviour  
Sermon: **Only God is Worthy of Worship**  
Tithes/Offerings & Prayer  
Hymn: CH3 90 Lead us heavenly Father  
Benediction  
Recessional Hymn: RS 474  
Holy Communion

Elder Andrew King'ori

Praise Team

Rev. Elizabeth Kimani  
Elder Mrs. Margaret Thagichu  
Samuel Kamau  
Rebecca Ngure

Rev. Ananie Nduwamungu

Rev. Elizabeth Kimani

### Mid Morning Service: 11.00am - 12.30pm

Call to Worship  
Psalm for the Day: Psalm 95:1-11  
Praise in Worship  
Prayers of Adoration, Confession, Thanksgiving, Intercession & the Lord's Prayer  
Hymn: RS 78 - Would you be free  
Moment for Children  
Welcome Visitors & Intimations  
1<sup>st</sup> Bible Reading: Exodus 20:1-6  
2<sup>nd</sup> Bible Reading: I Corinthians 10:1-14  
Hymn: RS 835 Master speak  
Sermon: **Only God is Worthy of Worship**  
Tithes/Offerings & Prayer  
Hymn: RS 110 - There's not a friend  
Benediction

Elder Andrew King'ori

New Song

Rev. Phyllis Ochillo  
Elder Mrs. Margaret Thagichu  
Princess Neema  
Joyce Kariuki

Rev. Ananie Nduwamungu

9.00 am - Fishers Fellowship

Bible Study

11.00 am - Youth Service

Kariuki Apollo

11.00 am - French Service

Dr. Fauster Akutse

2.00 pm - Deaf Service

Rose Ithara

5.00 pm - Evening Service

David Kihuna

### District 9:

Bible Study Fellowship on **Thursday 01/03/2018** at 7.15pm at the Wamichi's.

### District 12 & 14:

Fellowship **today, 25/02/2018** at Mr. and Mrs. Kithinji's home, Ongata Rongai; a thanksgiving and celebration of baby David's first birthday. We leave church immediately after **11am** service. Meet at Uchumi Supermarket, Ongata Rongai parking lot at **1.30pm** to proceed together.

### District 15:

Fellowship on **Friday 02/03/2018** in the home of **Elder & Mrs. Wachira**.

### District 16:

Fellowship **today 25/02/2018** after 11.00am service at the home of **Mr. & Mrs. Nguyo** in Jamhuri Phase II House No.204A.

### District 13 & 17:

The Monthly District Fellowship will take place **today 25/02/2018** in the home of Mr. & Mrs. Kahuro, house No.488, Golf Course Phase 2, immediately after the **11.00am** service. For directions please call Tel. No.0728524366. You are most welcome and may God bless you all.

### District 18 & 19:

The district visit to Rev. Cyrus Wachira has been **cancelled due to unavoidable circumstances** and will be held in lecture room 3 after **11am** service **today 25/02/2018**.

### District 20:

Monthly fellowship on **Friday 16.03.2018** hosted by Joe and Grace Muigai at their home, Gitanga Hill Court, Gitanga Road from **6.30pm**. All are welcome.

### District 22:

Fellowship will be @ Winnie Ngige's place on Thiong'o road, after the **11 o'clock** service, this **Sunday February 25, 2018**.

## PARISH MEETINGS

### Board of Management:

Meeting will be held on **Tuesday 27/02/2018** in the Session Room starting at **5.30pm**.

### Security Meeting:

The Security Committee and the Moderator invites all serving and retired brethren from all Kenya Armed Forces and Disciplined Services on **04/03/2018** at **11.00am** at the Church Hall Annex. The time will be short to allow those from 1<sup>st</sup> Service leave and those coming for 2<sup>nd</sup> service to join the service. All are welcome.

### Woman's Guild:

- **Guild Singers:** Meets every Tuesday from **2.00pm** for practice.
- Committee meeting on **28/02/2018** at **3.00pm**.
- Coordinators meeting at **12.30pm** on **28/02/2018**
- Guild Social meeting on **07/03/2018** starting **3.00pm** with Bible Study.

### Special Ladies Christian Fellowship:

Meeting on **Sunday 04/03/2018** at **7.30pm**.

### Church School:

- Discipleship Class – New classes commence on **03/03/2018** at **9.00am**. The ongoing class will start on a new book "The power of the praying child". Kindly register your child with Jane 0720801327.
- Dear Parents, We trust you are well. We humbly invite you to our annual Parents/Teachers Fellowship Dinner on **Friday, 16/03/2018** from **6pm**. Registration fee is 500/= only. Kindly pay through Church MPESA No. 572653 and send message to Florence 0722659413 for Registration card.

### PCMF/JPRC Ministry:

- **Mediation Training:**  
Venue: All Saints Cathedral  
Date: **26<sup>th</sup> February – 2<sup>nd</sup> March 2018 (5 days)**  
Cost: **KSh.50,000 (Fifty thousand shillings only)**  
Booking can be done at St. Andrew's Church reception whereby you will fill a form for payment. Only a few vacancies left. Contact – 0722355674
- **The Economic Empowerment Ministry** would like to announce that the Sinapis entrepreneurship training program starts on **Saturday, 10/03/2018** at **8am**.

### Golf Committee:

1. The Golf Committee will meet on **Thursday 01/03/2018** at **5.30pm**.
2. We are inviting volunteers to join the committee.
3. We are requesting sponsors to come forward.

### 40 days of Prayer and Fasting in Lent:

This will be held from **14/02/2018-29/03/2018** **except Sundays**. Districts are requested to pray as per the attached insert. We shall gather for collective prayer on **Wednesday 28/03/2018** at **12.30pm** in the Main Sanctuary.

### School of Leadership:

**2018** Module 1 Cohort 10 classes started on **07/02/2018** at **6pm** in Room 15. Kindly continue registering through 0722849058 and be empowered for transformative leadership.

## INTIMATIONS

We welcome our Visitors worshipping with us today. Kindly join us for tea at the cloisters after Service.

Elder on duty: **Mr. Munene Waruhiu - 0722707873**

Health Professional on duty: **Dr. Samuel Gathua- 0722513562**

Counselor on duty: **Agnes Ndegwa - 0722383556**

### Appreciation:

1. **Wallace & Ruth Gacanja** express deep appreciation for the tremendous support in form of prayers and resources accorded to them by friends and the congregation as they laid their late mum, **Gladys Wanjiru Gacanja** to rest. Special appreciation goes to Rev. Cyrus Wachira, Elders Isaac Gathanya, N. Muchangi, Mary Mugo, Lisaph Kaminja & Edith Chege, members of District 7 & 11, District 7 & 11 Ladies Fellowship, Group 2 Deacons and friends. May God richly bless all of you.
2. **The Kiama family** wish to thank most sincerely all church members for kind support following the promotion to higher glory of Teresa's sister **Grace Wambui Mungai**. We also thank Elder Mary Mugo, Prof. Peter Kariuki, Mr. Ashton Kinyanjui, District 26, Social Responsibility Committee and the Church Choir for their ministry, prayers, financial support, visits and comforting messages. May the Lord refresh you.
3. **The Board and PCMF** thanks and appreciates all members who made pledges to the construction of the PCEA St Andrews Hawa School and the support for the boys in cash and in kind. God Bless you abundantly. We request others who wish to make a pledge or redeem their pledges to get in touch with Elder Jackie Kiaraho or Muchangi or David Kihuna.

### Bereavement:

**Sarah Wandia** mother to **Rosalind Kirika** and mother-in-law to **Rev. Prof. Gerishon Kirika** has rested with the Lord. Memorial service will be held today at St. Andrew's at **3.00pm** and funeral service will be on **Wednesday 28/02/2018** at Gitunduti, Karatina at **11.00am**. Let's stand with them in prayer.

### Parish Vision, Mission & 5 Ms Strategy:

**Vision:** A Parish that mirrors Jesus Christ in totality

**Mission:** To worship God and serve humanity in obedience to the Great Commission

**5 Ms Strategy:** We incorporate new **Members** into our fellowship, disciple them for spiritual **Maturity**, equip and mobilize them for **Ministry**, send them for **Missions** and **Magnify** God in worship. Kindly get involved.

### Church Membership:

Church membership is important to all church goers. Seek to join, transfer and regularize your Church membership with PCEA St Andrew's Parish by seeing any of the Parish Ministers, Elders and Evangelist to assist you complete this process. Registered Members gain participation in Holy Communion, receive Church Wedding, Baptism, Funeral and many other services readily. **For more details visit the info desk at the cloisters.**

### PCEA Kileleshwa Church:

➤ The Lord has heard our prayers and we thank God that the new congregation at Kileleshwa/Lavington area is now a reality. The Church service started on **28<sup>th</sup> May 2017** at the **"Little Smiles Daycare"** on the Gatundu Road, Gatundu Close. **Youth Service – 8.30am-9.45am** **7 Main Service 10.00am -12.00 noon**. Please let us continue praying for this young congregation and telling the people living on those areas and register as a member.

➤ They are currently in need of a plot to construct a Sanctuary. Anyone with a piece of land around there and willing to donate can visit the office of the moderator.

### Benevolence:

Did you know that the Holy Communion offering goes into the benevolence kitty that supports the needy? Kindly give cheerfully and generously. (**Proverbs 19:17**)

### Pound for Pound Program:

Those who had registered for the program will be having Aerobic Exercises every Wednesday from **6.00 pm to 7.00 pm** in Church Hall 1. Please come for life changing exercises that will enhance your productivity.

### Pastoral Care Contact:

For all your pastoral needs (intercession, thanksgiving, dedication etc) contact **Rev. Cyrus Wachira on 0714-742579**. As a faith community we are committed to standing with you in all seasons of life.

### **St. Andrew's Kindergarten Admission:**

Are you a parent with a child who has attained Kindergarten age? Do you need a school where there is holistic education? A Kindergarten whose children are accepted in the giant private and public primary schools around? Then PCEA St. Andrews Kindergarten is the place to be. Admission is ongoing for baby, nursery and pre-unit. Visit the parish office or call 0726735366

### **Youth Choir & Orchestra:**

The Youth Choir is now 1 year old and it is growing. We welcome all the young people who can sing and play instruments to join us. We meet on Wednesdays and Fridays for practice. Please call: 0721496537/0722218153/www.facebook.com/standyouthchoir. Instruments required are **Cornets, Trumpets, Baritones, Horns, Trombones, Tuba, Clarinets, Violins, Viola, Flutes, Saxophones, Oboe, Bassoon.....**

**We thank the members who have donated 2 trumpets and a cornet. The instruments are found in Extreme Sounds, Credible Sounds and Assanads in Nairobi.**

### **Abaze/Young Adults Ministry:**

We welcome you to our forums **every Sunday at 10:30am** in The Prayer room Youth Hall for a good time of fellowship as we discuss great topics on spiritual, social, economic & professional enrichment. For more info contact Carol (Coordinator): 0786378330

### **Daybreak:**

Are you passionate in acting, dancing, spoken word, singing, comedy or poetry? Daybreak needs you!! Serve God with your talent. Contact Carol – 0788884043 or Sheila - 0777867550

### **Weekday Services:**

Service	Day & Time	Venue
<b>Morning Glory Prayers</b>	Wednesdays 6.30am -7.30am	Church Hall 1
<b>Midweek Prayer Service</b>	Wednesday from 12.30-1.30pm	Main Sanctuary
<b>PCMF Morning Prayer Fellowship</b>	Thursdays 6.00am -7.00am	Church Hall 1

All are welcome to come and experience God's favour as we pray together and stand in the gap for our families, church and country.

### **Prayer Requests:**

Kindly put your prayer requests in the offertory bag. The Pastoral Team will pray for them as they continue to stand in the gap for us.

### **Morning Glory Prayers:**

PCEA St. Andrew's Parish Worship Committee invites all members for morning glory prayers every Sunday from **7.00am - 8.00am** in the main sanctuary. The main focus is to commit all our Sunday worship services to God in prayer. **"Call to me and I will answer you and tell you great and unsearchable things you do not know"** (Jer. 33:3).

### **Intercessory Prayers:**

We have introduced intercessory prayers for all members to be held every **fourth Saturday** of the month from **8.00am**. All members are welcome.

### **Midweek Prayer Service:**

Do you want to learn more about the basics of Christian Life as well as engage in prayer? The midweek prayer service is the place to be. **Take a moment every Wednesday between 12.30pm-2pm wherever you are and pray even if you don't make it to Church.** All prayer warriors are welcome.

### **St. Andrew's Discipleship Ministry:**

New converts classes are held every **Saturday from 8.30-10.30am** in the Crèche. Currently doing a series "Growing in Discipleship from Navigators. All those who got saved from 2014 – to-date and other interested people are welcome. **"Teaching them to obey everything that I have commanded you"**. (Matt 28:20). For more details contact numbers 0721701693 or 0720842610

### **Discipleship Desk:**

All those who get saved during the services and those who may need personalized prayers should visit the vestry after every service. A minister will be ready to pray with you.

### **Counseling Ministry:**

➤ St. Andrew's Church has a vibrant counseling ministry which has helped many church members, families, students; for many years. This ministry provides psychological health and wellbeing, achieved through sharing, bearing each other's burden (Galatians 6:2). Takes place on weekdays and Sundays. St. Andrew's is an accredited Counseling Agency by the Kenya Counseling and Psychological Association. Come one, come all. Telephone contact – Church office – 0707257000.

### **Pastoral Counselling Support:**

**Rev. Prof. Peter Kariuki** has officially retired from International Leadership University. He is available for Pastoral Counselling on Tuesdays and Thursdays. His contact is 0720204896.

### **Youth Bible Study:**

We have youth bible study that happens every **Thursday from 5:30-7:00pm** in the Mc Leven Chapel. This week's topic is 'An Exposition on the Books of Colossians'. Please purpose to attend.

### **Lipa Na M-pesa:**

You can now pay for the use of church facilities using our LIPA NA MPESA NO.572653 or though swiping your visa card. You can also give your tithe and other donations through our Paybill No.903800 or by swiping your visa card.

### **M-pesa Services:**

Mpesa, Equity Bank & SMEP Agency Services, Photocopying, Printing, Binding, Biblical films, Christian Books and Bible Stories on DVDs, VCDs, available in the Biz Centre, **Youth Hall, Room NHLG-13, next to the Old Church.** Open during the week and Sunday Mornings.

### **Security Notice:**

Search of vehicles at the main entrance gate continues.

➤ Exit from the church compound on Sundays is via Nyerere Road.

➤ The lower parking area is marked, kindly park within parking slot and let's be our brother's keeper and care for the next.

➤ Avoid crowding in the Paved Area or Parking Grounds after service.

➤ Please members take care of your bags especially ladies, do not leave them unattended. Kindly always be conscious who is on your side and behind and incase of a suspicious person, report to security. Let's adopt the Nyumba Kumi initiative.

➤ In case of any emergency run out of the compound. Do not drive.

➤ Do not leave valuables unattended and report loss/missing property to security immediately.

### **SRC:**

1. S.R.C. has successfully interviewed and shortlisted the beneficiaries of the Empowerment Program 2018. The trainees will be taken through Soft skills training which will then be followed by technical training in; Catering, Beauty & Hairdressing, and Driving. The program will be launched on Tuesday, 27th February at 9 am.

2. We request for donations to help needy people in our community. The donations can be in the form of dry foodstuff, blankets, beddings, clothes especially for children and men, utensils, etc.

### **KAPS PARKING:**

**Please note that members are only entitled to free parking when coming for group meetings and church activities.**